

# anksgiving!

VOL. 25, NO. 21

#### **SANIBEL & CAPTIVA ISLANDS, FLORIDA**

NOVEMBER 24, 2017

NOVEMBER SUNRISE/SUNSET: 24 6:54 • 5:36 25 6:55 • 5:36 26 6:55 • 5:36 27 6:56 • 5:36 28 6:57 • 5:36 29 6:58 • 5:36 30 5:58 • 6:36

# Extended Holiday Shopping At Nature Store November 29



From left, MaryBeth Greenplate, Carol Strange and Khristy Scheer getting in the holiday spirit at the Refuge Nature Store photo provided

n Wednesday, November 29, Ding" Darling National Wildlife Refuge will hold its 5th annual Happy Hour Holiday Shopping event in the Refuge Store at the "Ding" Darling Visitor & Education Center. The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) will keep the store open two extra hours after the center closes, from 5 to 7 p.m.

The Refuge Nature Store is stocked with special holiday gift items, and consultants will be on hand with suggestions and free gift wrapping with recycled paper. Wine and cheese will be served. Shoppers who spend more than \$20 will receive a free gift.

Nature Store manager Jeanne Walsh will also reveal the 2018 Luc Century wildlife ornament, which will go on sale starting that evening.

"All proceeds from Nature Store purchases go directly to benefiting wildlife continued on page 19



Riverside Brass members include, front row, Claudia Burns and Bob Blackwell; back from left, David Michie, Chuck McClinton and Ken Wisensale photo provided

# Riverside Brass To Perform **During Luminary Holiday Stroll**

uminary strollers are invited to enjoy traditional, and not so traditional, holiday music performed by Riverside Brass at Olde Sanibel Shoppes, located at 630 Tarpon Bay Road, on Friday, December 1 from 5:30 to 7:15 p.m. Admission is free.

The program will include unusual arrangements for brass of holiday favorites such as Deck the Halls, Ding Dong!, Merrily on High, Frosty the Snowman, I Saw Three Ships and Jingle Bells, plus many others.

The Riverside Brass ensemble includes David Michie and Ken Wisensale, trumpet; Claudia Burns, French horn; Chuck McClinton, trombone; and Bob Blackwell, tuba.

# Organic Vegetable Gardening Yields Tasty Results With Easy Exercise

by Jeff Lysiak

ometimes, all it takes is a little bit of know-how and a good amount of faith to make amazing things happen.

When Christine Wright moved to Sanibel from her home in Stonington, Connecticut, she wanted to bring her affinity for gardening with her.

"I've been a gardener since I first got married when I was 20," said Wright, an island resident for nearly three years. "But when I spoke with a few people after I moved here, they told me I couldn't do it. They said that nematodes – microscopic worms – in the soil here eats the roots of vegetables. That put the fear of God in

However, Wright decided to plant a garden in her backyard anyway.

"The planters were full of shrubbery and overgrown flowers... it really wasn't well maintained," she explained. "But I figured I'd try it. The key to creating a successful garden is to keep adding peat moss, give it some soil to add some body, then add compost and a little bit of fertilizer.

That first year, Wright successfully grew lettuce, green beans, tomatoes and a continued on page 12



Sanibel resident Christine Wright checking on her basil plant in the organic vegetable garden located behind her house photo by Jeff Lysiak



# Join us for Luminary Night

Friday, December 1st

- Santa will be celebrating with us from 5:30pm 7:30pm, photos are free!
- Enjoy wine and food tastings.
- The Girl Scouts will be serving soda and hot dogs. (*Donations Welcome!*)
- Live sax music by local musician Ken Limeri







1700 Periwinkle Way • (239) 472-9300

## The Community House



Share your favorite recipes at the potluck and cookie exchange photos provided

#### **Bistro And Brasserie Classics**

The next demonstration with Chef Jarred will be held on Sunday, November 26, featuring Chicken Liver and Bacon Pâté, Toasted Brioche and Asian Pear Chutney, Wagyu Teres Major, Scalloped Sweet Potatoes, Braised Purple Cabbage and Frozen Lemon Soufflé.

Hands-on classes are \$75 for members and \$95 for non-members. Demonstrations are \$45 for members and \$55 for non-members. Register online at sanibelcommunityhouse.net or call 472-2155. Prepaid reservations must be made 72 hours in advance.

The Bistro and Brasserie Classics series is sponsored by The Sanibel Captiva Trust Company.

#### Hors d'oeuvres At Home

Chef Jarred will share techniques and recipes for preparing a selection of impressive hors d'oeuvres. A handson class will be held on Thursday, December 7 featuring Shrimp and Chorizo Empanadas, Buffalo Rissoles (stuffed crispy ravioli), Truffled Lobster Vol au vent, and Shrimp, Crayfish and Andouille Pot Stickers.

There will be a demonstration on Sunday, December 10 featuring Fried Tofu Moneybags in Red Curry, Tandoori-spiced Turkey Kofta and Cilantro Raita, Caprese Tartlets, and Spanakopita Chicken Patties

Another demonstration will be held on Thursday, December 14 featuring Crispy Polenta with Mushroom Ragout, Chickpea Fritters with Hummus, Sweet Potato and Goat Cheese Samosas, and Spicy Eggplant Beignets.

Hands-on classes are \$75 for members and \$95 for non-members. Demonstrations are \$45 for members and \$55 for non-members. Register online at sanibelcommunityhouse.net or call 472-2155. Prepaid reservations must be made 72 hours in advance.

The Hors d'oeuvres at Home series is sponsored by The Sanibel Captiva Trust Company.

#### **Kids Cooking Classes**

There will be a Kids Cooking class with Chef Jarred on Saturday, December 9 from 10 a.m. to 1 p.m. Students will learn how to create desserts the whole family will love this



Sissi Janku's Colorful Sips class will be held on December 6

holiday season.

Kids Cooking classes are geared toward students 8 years old and up. American Culinary Federation curriculum is followed. The theme for the series is Traveling Around The World. Additional classes will be held on the first Monday of the month: January 1, February 5, March 5, April 2 and May 7 from 2:30 to 5:30 p.m.

Class size is limited to a minimum of six and maximum of 16. Cost is \$35 per child per session. Permission slip and payment must be completed in advance.

#### **Colorful Sips**

Sissi Janku's Colorful Sips painting class will be held on Wednesday, December 6 from 7 to 9 p.m. No experience is necessary. Students will explore new ways to paint with acrylics. Bring your favorite snack or beverage. Registration can be completed online. Cost is \$55 for members and \$60 for guests.

#### Potluck And Cookie Exchange

A potluck and cookie exchange will be held on Wednesday, December 13 from 6 to 8 p.m. In addition to the regular potluck dinner, attendees who would like to participate in a cookie exchange are asked to bring at least three dozen homemade cookies along with the recipe, if they are willing to

Cookies and recipes may be dropped off at The Community House on December 12 or 13 by 6 p.m. along with a completed sign-up sheet. Cookies will be distributed after the potluck.

Community House architect and cookie baker Amy Nowacki will demonstrate a secret family recipe. Kitchen Guild member Clair Beckmann will show several quick and tasty cookie recipes. Samples will be provided.

Those attending are asked to bring a dish to share for at least six people.

#### **Beading With Shells**

Beading with Shells will be held on Tuesday, December 8 from 9 a.m. to noon. Cost is \$35 for members and \$40 for guests. Anita Gober is the

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.☆



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A previous Women's Guild Christmas Bazaar

## Church To Hold Annual Bazaar And Bake Sale

he Women's Guild of Sanibel Community Church (SCC) invites residents and visitors to the Holly and Ivy Bazaar and Bake Sale on Friday, December 1. The event begins at noon and lasts until 9 p.m. Lunch will be served from noon to 3 p.m. and a silent auction will take place from noon to 8

All gift items are made by guild

MEN'S

**SHOPS** 

#### photo provided

members and include one-of-a-kind creations such as hand-painted ornaments, decorated Christmas trees, tree skirts, angels, hand-knit goods, quilts, children's clothing, costume jewelry and a variety of stocking stuffers.

Edible offerings include homemade fudge, local honey and fresh mammoth pecans. The bake sale will feature pies, cakes, cheesecakes, cookies, breads, muffins and assorted treats.

Everything is reasonably priced, with proceeds going to SCC missions.

Sanibel Community Church is located at 1740 Periwinkle Way, next to 

# Bailey's Debuts 2017 Ornament

ailey's General Store introduces the ninth in its series of limited edition collector ornaments. Keeping with tradition, this year's ornament is an icon well known to island residents and visitors alike. The 2017 ornament is a collectible depiction of the large Howard Miller wooden wall clock located on the front wall of Bailey's General Store. The clock overlooks the customer service area and is marveled at as visitors and guests check out with their groceries.

In memory of Francis Bailey, who passed away on June 8, 2013, the depiction of the clock shows the time as 6:08. For Bailey's, time truly stopped that day.



Bailey's 2017 ornament

photo provided

The clock's prominent location on the front wall just inside the store allows visibility from many locations in the store. It is the centerpiece for various displays on the front wall. As the clock works and time passes, you will see local paintings on Bailey's green bags from the Sanibel-Captiva Art League, fundraising events for FISH of SanCap, MDA, CHR, Relay for Life and Baileyfest, to name a few. No matter what may be displayed around the clock, as the centerpiece, it still takes all

Each ornament is made of 24k gold on brass and comes in a presentation folder showing the Bailey's logo on the front. The folder contains a certificate indicating the limited edition ornament number and giving a brief description of the significance of the design. The ornaments, certificates and folders are produced by The Charleston Mint of Brevard, North Carolina.

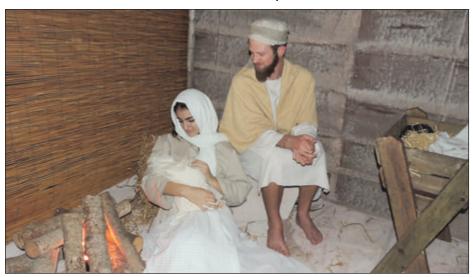
The ornaments are available for sale exclusively at Bailey's stores or online at www.baileys-sanibel.com.☆







# A Walk Through Bethlehem At Sanibel Community Church



Mary, Joseph and Baby Jesus

photos provided

anibel Community Church will hold A Walk Through Bethlehem on Wednesday, November 29 from to 8 p.m. and during Luminary Night, Friday, December 1 from 5 to 9 p.m.

Walk through the streets of the ancient town of Bethlehem at the time of Jesus' birth. Experience a living re-creation of the marketplace with busy shopkeepers, beggars and Roman guards. Visit the humble stable where Jesus was born and begin your celebration of the beautiful Christmas story.

There is no charge to attend and no reservations are required. The facility is accessible to all.

This interactive experience is located in the historic chapel on the Sanibel Community Church Campus at 1740 Periwinkle Way (next to Jerry's Foods). For more information, call 472-2684 or visit www.sanibelchurch.com.



Roman guard with street urchin







St. Michael's Rector Ellen Sloan officially reopened the renovated church spaces with the gentle invocation, "Bless this space and all who enter here." photos provided

# Blessing And Ribbon Cutting At St. Michael's

t. Michael & All Angels Episcopal Church held a blessing, dedication and ribbon cutting ceremony in honor of its new and renovated spaces on November 16 on the church grounds. Several dozen parishioners and friends gathered on the rear campus to participate in the ceremony, which consisted of hymns, prayers, readings from scripture, and a litany of dedication. Minister of Music Hank Glass led the hymn-singing.

The ceremony began with the hymn, The Church's One Foundation, and concluded with the words of the prophet Isaiah, "My people shall long enjoy this place." Participating in the ribbon-cutting were Sloan, general contractor Tom Ambrosio of Next

Level Construction, Junior Warden Lee Almas, and Senior Warden Anne Stewart. Sloan blessed each room with the invocation, "Bless this space and all who enter here.'

The dedicated spaces include the Madden meeting room; the Sunday School classroom, with new furnishings and cubbies for the children; the Sacristy, where preparations take place for the worship services; the flower room, with refrigerator, sink and plenty of storage space; and upgraded restrooms that are more than triple in

The renovation was six months in the making, with groundbreaking occurring on February 13. "I am so grateful to the anonymous donor who made this possible," Sloan said, "and to Tom Ambrosio for his patience, his honesty, his hard work and his expertise. These new spaces will allow our ongoing ministries to flourish - but especially the Sunday School, which



On hand to cut the ribbon were Senior Warden Anne Stewart, Junior Warden Lee Almas, Rector Ellen Sloan and general contractor Tom Ambrosio

enrolled 11 children this year. They have a place to work and play.

For information on this and other special events at St. Michael & All

Angels Episcopal Church, contact the Rev. Dr. Sloan at the church, located at 2304 Periwinkle Way, call 472 2173 or visit www.saintmichaels-sanibel.org.\$

#### News From Noah's Ark

submitted by Lynda Dunham

'oah's Ark is alive and well for another season and lines form before the opening time of 9:30 a.m. Monday through Friday every week. It is also open the first Saturday morning of every month. The shop is reverberating with "How are you?" and "You're back!" and "How was your summer?" accompanied by hugs and greetings.

In case you don't know (and there are a few people on the island who don't, believe it or not), Noah's Ark is the green colored thrift shop located behind St. Michael & All Angels

Episcopal Church. We like to call it a miracle because many miracles have occurred because of the activity there. Even with remarkably reasonable prices, we earn enough money to support grants to 28 different charities. We are very careful to discern how these charities use the money so that we can be assured that it is used wisely. We would like to engage the cooperation of our customers and other donors on and off the island.

We have a lot of furniture and household donations and up until now, we have arranged for free pick up of these articles. There is a "furniture chair" who goes to a person's home to assess the furniture ahead of time so that we can be sure it is something saleable.

Beginning Friday, December 1, there will be a charge for any furniture pick-up. The cost to the donor will be a minimum of \$25 and a maximum of \$50, depending on the size of the donation as determined by the volunteer who goes to the home and makes the assessment. This fee must be paid either at the time of assessment or no later than the Thursday before the next day pick-up. There will be no charge to continued on page 14



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Shell wreath ornament

# Shell Ornaments Support Moffitt Cancer Center

he Sells Sea Shells has partnered with Sanibel Captiva Community Bank in supporting The Moffitt Cancer Center in Tampa.

Moffitt, a non-profit treatment and research center, is part of the University of South Florida and the largest in the



Sand dollar ornament

state. It is among the top rated cancer centers in the country.

To raise money for their research, Anne Joffe, the "she" of She Sells Sea Shells, has designed and created a collection of handmade sea shell Christmas ornaments that are displayed on trees and sold at both Sanibel Captiva Community Bank locations – Library Way and Periwinkle Way – now through Christmas.

"We are pleased with the response of our bank customers. They comment



Shell ball ornament

on the beautiful selection to choose from and how they like knowing their purchase is for a worthy cause," said Eric Carlson, branch manager.

Ornaments range in price from \$5 to \$18.

She Sells Sea Shells is donating 100 percent of the sales and Sanibel Captiva Community Bank is matching the donation and providing their lobby for the display of the ornaments.

For more information, call Tamara Joffe at 472-6991.❖



Tree decorated with shell ornaments photos provided





Keiran Kerscher had the best aim for the evening. She came closest to hitting the turkey photos provided

# Annual Turkey Shoot And Gift Program Held At Sanibel Church

n November 15, the children in the LOGOS program at Sanibel Community Church, held their annual turkey shoot and celebrated Thanksgiving with a grateful heart. After a dinner of turkey, mashed potatoes, green beans and dessert, they aimed at the turkey beak to see who could hit the mark.

The evening also celebrated the spirit of giving as the LOGOS group sent off 311 Christmas shoeboxes for children around the world. The LOGOS group packed them full of toys and personal care items.

LOGOS is a midweek family program for youth ages 3 years old through 5th grade.



Dave Truelsen, one of the table parents and the LOGOS mission coordinator, loaded his van with 311 Christmas shoeboxes to deliver to the local drop-off location. These shoeboxes will go to children all over the world in time for Christmas.

# St. Isabel Ladies Guild Host Guest Speakers From Immokalee



From left: Maria Cardenas, immigration case worker; Peggy Rodriguez, program coordinator; Annette Hendrick; Dottie McGovern; Francine Dale, St. Isabel Ladies Guild president: and Lori Schulz photo provided

aria Cardenas, immigration case worker and Peggy Rodriguez, program coordinator from Guadalupe Social Services in Immokalee, were speakers at the November 16 St. Isabel Women's Guild monthly meeting. They gave a presentation describing their programs that included providing food, clothing and support for immigration. The Women's Guild presented them with many handmade fleece blankets for the children of Guadalupe Social Services.

# Ten Apply For Open City Council Seat

by Jeff Lysiak

ess than 24 hours before Tuesday's noon deadline, a total of ten island residents had submitted their applications to be considered to fill the open Sanibel City Council seat vacated by longtime councilman Jim Jennings on October 18.

Under consideration for appointment will be Jolene Barb, Richard Fichthorn, Roger Grogman, Walter Jones, Michael Miller, Jeff Powers, Michael Raab, Peter Savage, Holly Smith and Jonathan Tongyai.

While Jennings' four-year term won't expire until March 2019, the city charter requires the council to appoint a replacement until an election can be held. That appointment is expected to be made on Tuesday, December 5 at MacKenzie Hall.

Voters will cast their ballots for a new council member during a special election, to be held on March 21, 2018.

At the November 7 meeting, several current members of the council expressed their hope that anyone applying to fill the four-month seat would also intend to run for the remaining year of Jennings' term.

'In my eyes, I'm looking for somebody to be here for the long haul," said Mayor Kevin Ruane. "It's not fair to appoint and have that person be here for just three months.'

Councilman Jason Maughan also suggested that residents thinking of being considered for the post "do not apply just to apply," calling the work involved "deadly serious business."

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#### Publisher

Lorin Arundel

Advertising **Bob Petcher** 

#### **Graphic Arts & Production**

Ann Ziehl, Manager Amanda Hartman Justin Wilder

> Reporter Jeff Lysiak

#### **Contributing Writers**

Kimberley Berisford Barbara Cacchione Kay Casperson Constance Clancy, EdD Suzv Cohen Linda Coin Marcia Feeney Ed Frank Jim George Shelley Greggs Jarred Harris Marion Hauser, MS, RD

Craig R. Hersch Tanya Hochschild Shirley Jewell Audrey Krienen Dr. Jose H. Leal, PhD Anne Mitchell Capt. Matt Mitchell Gerri Reaves PhD Angela Larson Roehl J. Brendan Ryan, CLU, ChFC, MSFS Di Saggau Karen L. Semmelman

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#### Churches/Temples

# ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation. fl.goarch.org, 481-2099.

#### **BAT YAM-TEMPLE OF THE ISLANDS**

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-4646 FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m. Sunday School 10:30

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

#### SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

#### SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8 and 11 a.m. Traditional in historic Chapel, 9 a.m. Contemporary and childrens church. Childcare available at all services. 1740 Periwinkle Way, 472-2684

# SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.

#### ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

## ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service - third wednesday 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

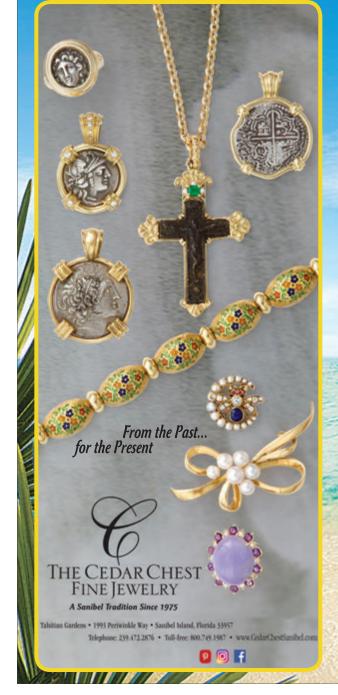
## UNITARIAN UNIVERSALISTS OF THE ISLANDS

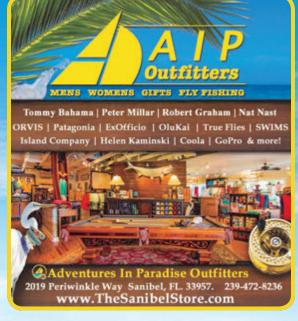
Meets 5 p.m. on the first Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39 @aol.com, 433-4901.☆



# Tahitian Gardens

1975 Periwinkle Way









## Luminary Festivities At Sea School



The Sanibel Luminary Festival offers a fun, festive way to start the holiday season

photo provided

submitted by Leah Biery

n Friday, December 1, Sanibel Sea School invites Sanibel Luminary Festival attendees to stop by the Sea School's flagship campus on the east end of the island from 5 to 9 p.m. The Sanibel Luminary Festival is a free community event held each year to mark the official start of the holiday season.

The Sanibel Sea School parking lot, which is located at 455 Periwinkle Way, will be converted into a festive patio space where visitors can sip mulled wine, craft beer and have snacks (some fresh from

the grill). There will also be music, familyfriendly games and activities, and a flash sale at Ocean Tribe Outfitters, Sanibel Sea School's retail space. All items will be 10 percent off during the evening.

"Luminary is one of our favorite events of the year, because we get to visit with so many of our friends and neighbors, said Chrissy Basturk, Sanibel Sea School development director. "Our goal is to create a fun, festive evening for visitors, and to showcase some of the projects and programs our organization offers to the community.'

For more information, call 472-8585.☼



People gather at a previous Luminary Festival at the church

photo provided

#### Luminary Night At Sanibel Church

housands of lights will adorn the campus of Sanibel Community Church on Friday, December 1, with activities for all beginning at 5:30 p.m. There will be free food and drinks, live music, a petting zoo and children's tent, as well as the Biblical presentation of A Walk Through Bethlehem.

During the evening, the Women's Guild will conduct their annual Holiday Bazaar with proceeds supporting numerous mission organizations. All are welcome to stop by for a festive evening, beginning the Christmas season with the focus on Christ.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.☆

## St. Michael & All Angels Episcopal Church

# **Thanksgiving Day** Service of Eucharist

Thursday, November 23<sup>rd</sup> 10:00 a.m.

> 2304 Periwinkle Way • Sanibel [239] 472-2173 www.saintmichaels-sanibel.org



Please consider bringing canned goods for our local Food Pantry.

# **Shoes for Homeless Vets**







The VA Hospitals in St. Petersburg and Tampa have over 150 homeless veterans living onsite. The one thing the hospitals said they needed for the vets is shoes. If you don't have a decent pair of shoes, it's hard to get hired or, in many cases, do the work that is required. A new group, Sanibel Shoes for Vets, is holding a drive to get new shoes for the vets. We need work shoes, sneakers and dress shoes in sizes 9 to 11. These are the current drop-off sites:

Bailey's General Store, 2477 Periwinkle Way

The Dunes Golf & Tennis Club, 949 Sand Castle Road St. Isabel Catholic Church, 3559 Sanibel-Captiva Road

If you want to make a difference in a veteran's life, send him a new pair of shoes. This program will run until the week of Christmas.

> Any questions, please call Dan Perkins at 973-687-4826





Fourth graders on the boardwal at the Pick Preserve

### Pick Preserve Provides Outdoor Classroom

he Sanibel-Captiva Conservation Foundation's (SCCF) Pick Preserve, located across the street from The Sanibel School, is an ideal setting to integrate environmental education into classroom studies and curriculum. Since its official dedication in the spring of 2001, SCCF's Pick Preserve has been utilized by SCCF educators along with The Sanibel School's teachers to conduct environmental science based field trips which can significantly enhance the school's curriculum.

The Pick Preserve is contiguous with state preserve land managed by the JN "Ding" Darling National Wildlife Refuge

and its nature trail meanders through Sanibel's unique interior wetlands and island ridge habitats.

Last week, fourth grade students in Julie Wappes' and Laura Wolf's classes took part in a habitat study within the Pick Preserve. They recorded their observations of the trees and plants within the habitats as well as the small fish and macro-invertebrates found in the wetland habitat. Students used their descriptions and observations along the trail in a creative writing exercise inside the Pick Preserve screened-in gazebo.

SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. To sponsor a Pick Preserve Environmental Education field trip or for more information about SCCF's conservation programs, visit the Nature Center, call 472-2329 or visit www.sccf. org.₩



Fourth graders writing in the gazebo at the Pick Preserve





Beautifully lit paths lead the way to merry landmarks!

5:30 - 9 p.m.

Sanibel: December 1

Captiva: December 2

Special Thanks to Our Sponsors:

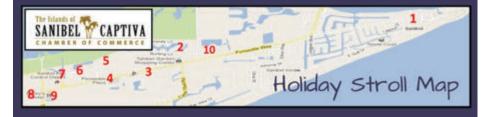




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The plastic composting drum, which breaks down organic matter throughout the year photos by Jeff Lysiak

From page 1

#### Gardening

couple of herbs. The squash seeds she planted, however, didn't do so well. In the years since, she has grown summer squash along with watermelon, cucumber, carrots, kale, leeks and radishes, which she added 'grow like weeds.

Organic vegetable gardening has long been a passion for Wright, who also grows vegetables in the garden of her family's part-time northern home in Michigan. "In the summer, it's hard to find the sun in the back woods, she added, noting she grows spinach, cabbage, Brussels sprouts and other heartier cool weather crops. "I grow enough to feed myself, my kids and my grandkids. We eat outside almost every meal."

According to Wright, organic vegetable gardening is simple to start, and requires very little in terms of cost to maintain. In the kitchen of her home, she collects food scraps, coffee grounds, paper towel and napkins in a small



One of Wright's fastest-growing vegetables are her radishes

countertop container. When it gets full, she transfers the compost materials into a larger black drum, which she keeps next to her garage.

"I put everything in there and allow the material to break down during the summer," said Wright. "I'll empty that out into my garden when I return every September; I only empty it once a year. I don't do anything high-tech here."

Four bags of organic compost and two bags of fish-based organic fertilizer are also added to Wright's garden, which she maintains with the use of a Mantis cultivator and a little bit of "TLC."

"It's relaxing exercise and only takes about 30 minutes a day," Wright said with a smile. "There's no better type of manual labor than weeding - it's good for your

Perhaps the biggest positive in harvesting her own herbs and vegetables in her own backyard is saving money at the grocery store and eating healthier.

"I get a lot of satisfaction eating food that I grow in my own garden, which is organic and makes me feel better," said Wright. "And I get to share my bounty with 



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# Series Explores The Gulf, Puffins And Sea Turtles

elf-proclaimed "bird nerd" Noah Strycker leads the 2018 "Ding" Darling Friday Lecture Series, which runs January 19 through April 13. The author set a worldwide Big Year record in 2015, and his book about the experience, Birding Without Borders:
An Obsession, A Quest, and the Biggest
Year in the World, released last month.
The lectures take place in the "Ding"

Darling Visitor & Education Center Auditorium at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

HighTower/Thomas & Swartz Wealth Management sponsors the free 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The series features noted authors, photographers and experts in nature-related fields.

Noted bird activist, Dr. Stephen W. Kress, also joins the lineup to talk about his book Puffin Project: An Improbable Quest to Bring a Beloved Sea Bird Back to Egg Rock, as does Kevin Karlson, who collaborated on the latest Birds of Prey: Hawks, Eagles, Falcons, and Vultures of North America by Pete Dunne. Other lectures will examine Antarctica, the Gulf of Mexico, coral restoration and swallow-tailed kites.

The free lectures will be held twice each Friday (except on February 9) at 10 a.m. and 1 p.m. The season's



Author Noah Strycker kicks off the lecture series on January 19

photo provided

complete schedule follows. Book signings follow all starred (\*) lectures. Visit www.dingdarlingsociety.org/ articles/lecture-and-film-series for further information on lecturers.

Seating for the lectures is limited and available on a first-come basis. Early arrivals can save one extra seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

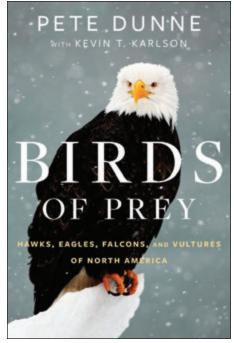
As usual, Wildlife Drive closes on Friday, but visitors are welcome to enjoy the free Visitor & Education Center, Indigo Trail and recreational

opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to www. dingdarlingsociety.org/articles/ lecture-and-film-series.

\*January 19 – Author Noah Strycker, Birding Without Borders: An Obsession, a Quest, and the Biggest



Kevin Karlson, photographer for Pete Dunne's new Birds of Prey books, will be one of the speakers image provided

Year in the World

\*January 26 – Author Jack Davis, The Gulf: The Making of an American

\*February 2 – Author James McClintock, Lost Antarctica: Adventures in a Disappearing Land February 9 – No lecture February 16 – Impersonator Joe Weigand, Theodore Roosevelt Speaks

continued on page 17

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Monday December 4, 2017



Blue flag iris is perfect for a damp area, bog garden, or pond photos by Gerri Reaves

# Purple-Blue Passion

by Gerri Reaves

f you have a yen for adding purple, blue, or lavender to your landscape, you can't go wrong with the three flowers pictured above. All are native, wildlife friendly and low maintenance.

Water-loving blue flag iris' (Iris hexagona) natural habitat is swamps, marshes, ponds and other freshwater areas, so it's a good choice for a bog garden, pond edge, or an especially wet part of the lawn.

As its botanical name implies, it is six-parted. Three downward arching petals and three spatulate sepals form a swirl of purple, blue and yellow. Long strap-like leaves clasp the stalks, which can grow several feet high. It prefers full sun. Propagate it with seeds or by clump



Endangered blue jacquemontia works as a fence or trellis cover or as a groundcover

division – or let it reseed or spread via rhizomes.

Irrepressible blue porterweed's (Stachytarpheta jamaicensis) diminutive deep purple-blue flowers bloom throughout the year, attracting hummingbirds and numerous butterflies, including tropical buckeyes, for which it is the larval host, skippers, large orange Sulphur, zebra longwings, gulf fritillaries, Julias and monarchs.

This fast-growing member of the verbena family grows three or four feet high. It reseeds and spreads outward, so it's also useful as a groundcover.

The tiny five-lobed flowers last only a day, blooming from the base of a quill-like spike and progressing upward.

Drought and salt tolerance makes it adaptable, but it does prefer full sun and well-drained soil.

If you're looking for a vine to cover a fence or trellis or for a pretty sprawling groundcover, check out blue jacquemontia (Jacquemontia pentanthos).

We also offer landscape design, consultation, installation and maintenance.



Blue porterweed's spikes of tiny flowers attract many species of butterflies

This fast-grower blooms throughout the year, producing funnel-shaped flowers that are a nectar source for butterflies.

The white-throated flowers range from blue to lavender to white and last only a day. The term pentanthos refers to the flower's five fused petals.

It is very salt tolerant, has low moisture requirements, and will grow in full sun or partial shade.

This beautiful vine is listed as an endangered species in Florida.

Sources: Everglades Wildflowers by

Roger L. Hammer, Florida Wildflowers and Roadside Plants by C. Ritchie Bell and Bryan J. Taylor, A Gardener's Guide to Florida's Native Plants by Rufino Osorio, Native Florida Plants by Robert G. Haehle and Joan Brookwell, The Shrubs and Woody Vines of Florida by Gil Nelson, Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, www.edis.ifas.ufl.edu, and www. regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.蓉

From page 6

#### Noah's Ark

the donor if they are able to bring the article to the Ark themselves.

The amount charged by the delivery service to do the pick-up compared to the amount we can sell the item for is very slim. We are hoping that this will allow us a better margin for furniture and generate more revenue. The furniture that we are unable to sell costs us a large amount for disposal.

We know that many customers come to the Ark specifically to look for

furniture. We will try this new plan for several months and then revisit it to determine whether or not it is working.

Noah's Ark does not accept the following items: mattresses, sleep sofas, entertainment centers, TVs (except flat screens), computer and printers. Please do not drop any of these items off at our loading dock. They do not sell and we have to pay to dispose of them thereby using money that could be put to better use.

We love to see all the Ark-ettes at our door and enjoy serving you as you help us to serve others. Happy 







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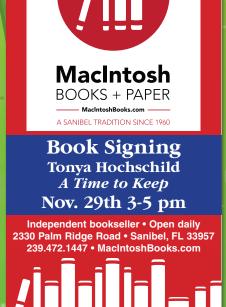
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Sanibel Sea School campers spent their winter break playing and learning at the beach

# Sea School Winter Camp Registration Open

submitted by Leah Biery

negistration for Sanibel Sea School's ocean-themed winter Lcamp programs is now open, and campers can sign up via the organization's website. Two weeks of camp will be offered for children ages 6 to 13, beginning Tuesday, December 26 and continuing through Monday, January 1. There will also be an opportunity for teenagers to participate as Counselors in Training.

In celebration of winter and colder climates, the first week's theme will be Penguins, and the second week will be all about polar bears. All activities and games will relate to these creatures and their behavior, and will include surfing, seining, snorkeling, relay races and crafts.

"Of course, we will also add our annual traditions to the camp schedule," said Director of Education Nicole Finnicum. "We always write ocean carols and go canal caroling, we drink hot chocolate to warm up after surfing, and we hold our Give Your Worries to the Sea ceremony to begin the new year," she added.

Scholarships are available upon request. To learn more and register, visit www.sanibelseaschool.org or call 472-8585.举

## Try New Kinds Of Basil At SCCF Garden Walk

submitted by Dee Century

couple of years ago, every time I tried to Igrow the traditional sweet basil that we all grow for pesto, it died. Come to find out, a fungus was spreading across the county in the propagation of sweet basil. Even those nasty fungicides that you don't want to eat could not stop the spread of this fungus.

In looking for alternative basils, I learned that Florida had a native "wild basil" that is now being propagated at the SCCF Native Landscape and Garden Center. I grow and use this basil for pesto and pizza. It loves the heat of the summer and easily reseeds itself in my container herb garden all winter.

There are two other basils in my container herb garden. Tulsi basil and African blue basil are both great for tea, together

or alone. Both do well in the heat and grow all winter. The Tulsi basil will reseed. The African blue basil is a natural hybrid perennial that does not reseed and is grown only from cuttings. It is beautiful in the garden for the pollinators.

SCCF offers a Garden Walk on Tuesdays at 9 a.m. Taste some basil after the walk at the Bailey Homestead Preserve, located at 1300 Periwinkle Way. Visit www.sccf.org for 



African blue basil

photo provided



# **MUSEUM STORE SUNDAY!**

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# Show your colors!

This bumper sticker has a green color to emphasize that almost 70% of Sanibel is in conservation land and a whimsical heart to signify our island lifestyle. The peel off back has information about Sanibel that you may not know.

They are available at:

**Bailey's General Store** Bailey's at Sundial **Beach Stuff CVS Pharmacy Doc Ford's Island Pharmacy** Suncatcher's Dream

Sanibel Scenes calendars are also available at these favorite island stores.

# American Legion Post 123

Thanksfrom American Legion Post 123. Stop by for a full turkey dinner with all the trimmings on Thanksgiving day, November 23.

On Sunday, November 26, barbecued ribs and chicken are on the menu from 1 to 8 p.m. Cost is \$12 to \$14.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a sixounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served

from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.☆

> Read us online at IslandSunNews.com

#### **Beach Parking** Permits Available At Rec Center

anibel residents and property owners can purchase their 2018 Sanibel Beach Parking Permits at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road, during normal operating hours.

Beach Parking Permits are no longer sold at the Sanibel Police Department.

To qualify for any Beach Parking Permit, bring a valid vehicle registration for each vehicle and a valid government issued identification. A driver's license showing a Sanibel address or proof of Sanibel property ownership is required to purchase a resident/property owner "A" sticker. Payment may be made via cash, check, MasterCard or Visa.

The following permits are valid through November 30, 2018:

• "A" Resident/Property Owner, \$12 (Resident and/or Sanibel ad valorem taxpayer property owner)

• "B" Non-Resident Permit, \$124 (Non-resident/Non-Sanibel ad valorem taxpayer property owner)

 "C" Restricted Permit, \$90 (Resident and Non-Resident)

• "A/C" Resident/Property Owner Permit, \$102

 "B/C" Non-Resident Permit, \$248 Decal transfer or reissue fee is \$3 (residential and restricted).

General parking meter rate is \$5 per hour or any fraction.

General parking at \$5 per hour or "C" Permit is required for parking at Gulfside City Park (Algier's) and the Sanibel Boat Ramp

"A" Permit Parking is only at Beach Access Lots 1 through 7 on West Gulf Drive.

The Sanibel Recreation Center is open Monday through Thursday from 6:30 a.m. to 8 p.m.; Friday from 6:30 a.m. to 6:30 p.m.; Saturday from 8 a.m. to 5 p.m.; and Sunday from noon to 5 p.m.

For more information, call 472-0345 or visit www.mysanibel.com.☆

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#### Lecture Series

out on Conservation

\*February 23 - Author Stephen Kress, Puffin Project: The Improbable Quest to Bring a Beloved Sea Bird

Back to Egg Rock
\*March 2 – Author Larry Nielsen,
Nature's Allies: Eight Conservationists Who Changed Our World

March 9 – Photographer Kevin Karlson, Birds of Prey: Hawks, Eagles, Falcons, and Vultures of North America

\*March 16 – Author Tom Butler, Wildlands Philanthropy: The Great American Tradition

\*March 23 – Photographer-sound recordist Gerrit Vyn, The Living Bird: 100 Years of Listening to Nature

\*March 30 – Artist and author Dawn and Blair Witherington, Florida's Living Beaches: A Guide for the Curious Beachcomber

April 6 - Mote Marine Lab Researcher Dr. Erinn Muller, Coral Restoration

April 13 – Avian researcher Dr. Kenneth Meyer, Swallow-tailed Kites: 10,000 Miles to Survival. 以

# Lee Parks And Rec Launches New Webpage

ee County Parks & Recreation has launched a new webpage to allow Jusers to search for accessible (ADA) amenities at Parks and Rec sites. The new landing page is www.leegov.com/ adaparksearch.

The new search page will: Be compatible with accessibility technology devices.

Provide greater accessibility for patrons with visual and hearing impairments.

Be easily accessible on both desktop and mobile devices.

Simplify website searching for accessible options through intuitive, icon-based navigation.

Deliver search results specific to accessible features across the county or by park.

Lee County Parks and Recreation strives to make facilities, programs and services inclusive and accessible for all patrons. Improvements in the past five years include opening a state-of-the art accessible recreation center in North Fort Myers, widening numerous pathways, adding dog-friendly accessible trail areas throughout the county and improving

playground equipment for accessibility at many parks.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Terri Farrell, Lee County Parks and Recreation's ADA coordinator, at 267-2181, Florida Relay Service 711, or tfarrell@leegov.com. Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance. For more information about Lee County Parks and Recreation locations, amenities and special events, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.

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#### Hiding From The Wind



by Capt. Matt Mitchell

ast North East winds **1**5 to 20 has sounded and felt like a broken record for what seems like weeks now. Even during these blustery conditions,

there are plenty of places to get out of the wind and still enjoy a great day of fishing. Snook fishing this week was outstanding with nonstop action found in many of the protected mangrove creek systems throughout the sound. Anglers also caught a variety of species including over slot-sized trout, mangrove snapper, grouper, jacks and a few redfish.

With another week of windy conditions in the forecast, it's just not looking like we will see much, if any, break in the wind short-term. Making the best of these windy days is all you can do and, unlike the offshore guys, at least us back bay fisherman can still get out and catch fish. Northeast wind is our prevailing wind direction all winter long and learning to



Big shallow water sea trout caught by Mary, Nigel and Gary this week while fishing with Capt. Matt Mitchell

photo provided

keep everyone comfortable while catching fish during this pattern is nothing new.

Exploring the many mangrove creek systems in Pine Island Sound during these windy days and learning the places the fish stage is the key to consistently catching fish all winter long. Most of our mangrove estuaries consist of shallow bays that are connected with narrow creeks. These

narrow deeper creeks increase the tide flow and are most likely where the majority of the fish are during the lower water conditions.

Target the deeper, faster, moving water sections of these mangrove creeks. These can often be near or on a sharp bend or turn. Look for that shoreline where the tide is driving the current hard against a undercut shoreline, creating a deep open spot up against the mangrove roots. These places are often feeding stations and, once located, can be productive time and time again. Only time spent on the water allows you to slowly work out these patterns. As the puzzle comes together, you learn what works in one creek system often works in another. Different tide directions and stages of the tide can be better in one creek than

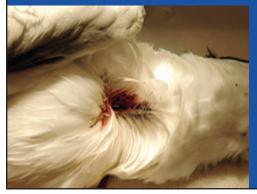
Many of these creek systems have not changed much in the 30 plus years. I have been lucky enough to get to enjoy them. Although one certain creek maybe better than another from year to year, there are lots of bends, turns and little creek mouths that just produce fish over and over again. Learning that few square mile estuary area close to home like the back of your hand will never pay off more than when it's

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol. com.₩

# Send Us Your Fish Tales

e would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

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# Attract Birds And Butterflies To Your Property

he City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants.

The next tour will be held on Wednesday, December 13. The guided tour begins at 10 a.m. If you are unable to attend on December 13, upcoming tour dates include:

Wednesday, January 10 and Saturday, January

Wednesday, February 14 and Saturday, February 24

Wednesday, March 14 and Saturday, March 24

Wednesday, April 11 and Saturday, April 28 Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide valuable information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no fertilizer and no supplemental

Registration is not required. Attendees meet at the main entrance to Sanibel City Hall, located at 800 Dunlop Road. For more information, contact the City of Sanibel Natural Resources Department at 472-3700.\$



Snowy plover

photo provided

From page 1

#### Nature Store

and conservation," said Walsh. "This has been a fun way to get everyone into the holiday spirit with an altruistic twist."

The Refuge Nature Store carries a complete line of birding and nature books for adults and children, wildlife toys and games, wildlife holiday ornaments, gifts made from recycled materials, nature-themed jewelry and home décor, logo T-shirts and hats, and a wide variety of stocking stuffers and other gifts for men, women and children. For more information, call 472-1100 ext. 241.

Following is a schedule of special events planned by DDWS and the refuge for the upcoming season. For details visit dingdarlingsociety.org.

Estate Planning 101: November 30 DDWS Annual Meeting: December 6 Biweekly Wednesday Film Series: January 10 through April 4

Free Refuge Winter Programs: January 18 through April 8

Friday Lecture Series: January 19 through April 13

Volunteer Awards Luncheon: February 9

Sixth Annual Go Wild for "Ding" - In the Nest: February 14

Puffin Researcher Steven Kress Dinner: February 22

Seventh Annual "Ding" Darling & Doc Ford's Tarpon Tournament: May



The Pain - no shade. The angle of the hot afternoon sun.



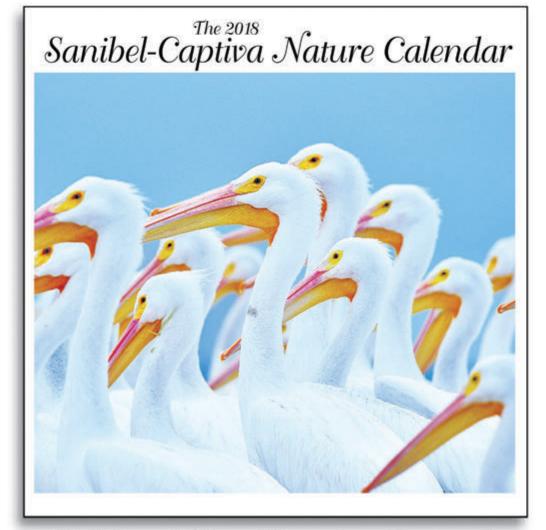
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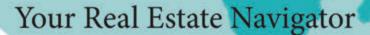














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## Unequal Spoon Clam



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Unequal Spoon Clam, Periploma margaritaceum (Lamarck, 1801), is a rare find from

the muddy, back-bay environments of Sanibel, Captiva and neighboring areas. The shell is small (rarely reaching more than a half inch in length), oval, thin, with a posterior keel that runs from the beak to ventral ("bottom") of the shell valve. The area behind the keel is usually covered with a thick, dark periostracum. The shell valves are unequal, with the left valve more inflated and larger than the overlapping right valve. The vernacular name of the species derives from the spoon-shaped chondrophore found under the beak, inside the shell. The chondrophore holds the ligament, a proteinaceous, flexible structure that naturally acts to keep the valves slightly separated, opening the shell when the clam relaxes its adductor muscles. The shell color is white to translucent-white. The shell in the photo was collected in



The Unequal Spoon Clam, *Periploma margaritaceum*, from Roosevelt Channel, Captiva photo by José H. Leal

shallow water at Roosevelt Channel, Captiva Island, by Alice and Ken Piech. Learn more about local mollusks at www.shellmuseum.org/shells/ southwest-florida-shells.

#### **Shell Museum Events**

Daily programs included with paid admission include movies, live tank

talks as well as arts and crafts. Call 395-2233 for scheduled times.

Beach Walks: Information and registration at www.shellmuseum.org.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.☆

# Shells Found



Joan Hintz

photo provided

Joan Hintz and her sister, Carolyn Seale, spent a week shelling on Sanibel. Hintz said, "Within five minutes of finding my junonia, I scooped up an alphabet cone. We scooped as fast as we could for two hours and left with a junonia, an alphabet cone, 10 banded tulips, two juvenile horse conchs and many other cool shells. What an afternoon it was at Blind Pass. Thank you Sanibel Island."





#### **CROW Case Of The Week:** Royal Tern



by Bob Petcher

he royal tern (Thalasseus maximus) is one of the larger members of the tern family. It has a distinctive pointed orange bill to go with its short forked tail, white body and dark wingtips and

The coastal bird likes warmer weather and plunging into water to catch fish. Like "snowbird" tourists, this seabird flies south for the winter. Other than North America, the royal tern can be found in South America, Africa, Europe and the Caribbean islands.

This seabird's body frame is nearly one-third the size of its wingspan, which averages 51 inches in length. When they reach adulthood, these terns have few predators.

At CROW, a royal tern was received from Fort Myers Beach after it suffered a compound fracture in its left humerus. Reports say a person witnessed the tern dive into the water and surface with an apparent injury. The bird was rescued from the water and immediately brought into the clinic. A large area of the patient's wing bone was protruding through the skin, and the wing was twisted nearly 180 degrees from its

normal position.

Due to the fresh injury and quick rescue, CROW medical staff members were able to gently untwist the wing to its original position.

When a wing twists like this case, time is critical," said Dr. Julia Hill, CROW veterinary intern. "The twist cuts off blood supply and stretches and damages nerves, muscles and tendons. The damage can become permanent very quickly, within hours, and result in a nonreleasable bird. Luckily, this patient was brought in immediately after the trauma occurred.'

The tern's injured area was flushed with sterile saline to remove sand and debris. The bone was replaced under the skin, and the wound was sutured closed. The wing was placed in a body wrap to help stabilize the fracture and the bird was provided with pain medications. The following day, surgery was successfully performed to place pins in the broken

The surgery to place the pin in the humerus went very smoothly and the patient recovered well," said Dr. Hill, who explained the degree of difficulty during a procedure performed on a small bird. "The surrounding tissues are delicate. It is easy to accidentally damage tissue, vessels or nerves, so great care must be taken. Despite the difficulty, we often pin fractured wings in birds because it provides the best stabilization and alignment to promote optimal healing."

After a few days, the body wrap is reportedly removed to allow the patient to stretch its wing. Dr. Hill said the pins



Patient #17-3823, pictured with is wing wrapped, is expected to make a full recovery after suffering a compound fracture photo by Brian Bohlman

will need to stay in for at least three weeks.

Even after such a striking injury, the royal tern is expected to make a full recovery. The patient is undergoing physical therapy and, with two weeks spent at the clinic, is progressing towards flight training prior to being released.

The patient is doing well with every other day of physical therapy. The pins in the wing are stable and the fracture is beginning to heal, so this tern will be able to go outside very soon," said Dr. Hill. "We'll be looking at release in three to four more weeks.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆





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Anglers of the Year Hunt Etheridge and Gary Biltgen

photo provided

# Sanibel Fishing Club Honors **Anglers Of Year**

he Sanibel Island Fishing Club Angler of the Year award was shared by two local fishermen. Hunt Etheridge and Gary Biltgen tied for that honor with 96 out of a possible 100 points during the six fishing outings of the 2016-17 season.

Other club members finishing in the top five were Mary Laser, Duane Thurow and David Lewis.

More information on the club can be found online at www. sanibelislandfishingclub.com.☆



# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 24, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW's animal ambassadors will be present.

Monday, November 27, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, November 28, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, November 28, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Wednesday, November 29, 11 **a.m. to 12:30 p.m.**, \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, November 29, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be

Thursday, November 30, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required - Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, November 30, 11 a.m.**, adults \$12, ages 4 to 12 \$7, age 3 and under no charge - Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.☆



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## Fish Caught



Nicholas Wallace

photo provided

icholas Wallace caught a 38-inch snook off the shore at Bowman's Beach on July 15. He was using a pinfish and 3/0 hook. 🜣

## Shell Found



photo provided

anibel resident Sherri Enright found junonia on the beach of Chateaux Sur Mer subdivision on November 12. She said, "I was about five to 10 feet offshore in ankle- to calf-deep water. The tide was just beginning to come back in and I happened to see just the tip. The rest was buried in sand. It must have been deposited straight from Hurricane Irma 

# Shells Found



Kevin and Wendy Ridgeway

photo by Justin Wilder

evin and Wendy Ridgeway found a junonia at the beach off Middle Gulf Drive. They also found two lion's paws at Bowman's Beach and two king's crowns at







Artist Myra Roberts puts the finishing touches of a painting depicting Sanibel's own Robert Hilliard on a vintage suitcase that will be part of her upcoming Dream Peace art exhibition at the Sidney & Berne Davis Art Center photos by Jeff Lysiak

# Sharing Social Commentary Through Canvas

by Jeff Lysiak

ne of the islands' most prolific artists, Myra Roberts, is a very busy woman these days both at her easel and outside her Sanibel home.

Recently, Roberts presented a program during Florida SouthWestern State College's Cultural Diversity Week at its Fort Myers campus. She also spoke at the Progressive Women's Day program in Fort Myers and will help judge the 2018 ArtFest Fort Myers.

Last week, Koberts spoke during a

lunch meeting for members of the Captiva Island Yacht Club, where she exhibited 35 of her more recent works. On November 30, she will also be speaking to a group of students at Florida Gulf Coast University. And early next year, she is preparing for a major art exhibition in downtown Fort Myers.

All the while, Roberts paints. And paints. And paints.

"I think that any artist throughout history, whether it's Pablo Picasso or Francisco Goya, what keeps them going is this intense urge to create," said Roberts, who considers herself to be a social commentary artist. "I always think visually. So when you have exercised the right part of your brain, you are thinking creatively. And with your art, you are hoping to lift other people's spirits."



One of the paintings Roberts created for her Dream Peace exhibit

In early 2018, Roberts will be showcasing some of her recent social commentary artwork with Dream Peace, which will open at the Sidney & Berne Davis Art Center on Friday, February 2. The exhibit will run through Saturday, February 24.

On the opening night of the exhibit,

On the opening night of the exhibit, held from 6 to 10 p.m., pianist/teacher Roxane Olevsky – a new resident of Sanibel – will perform. She has put together a selection of short pieces "reflecting the spirit of the exhibition." Also performing will be Megan Shindler and her theatrical collective S(he) Will Fade, which "creates ethnographic work."

As an artist focusing on social commentary issues, Roberts' Dream Peace is her newest series of multimedia works – more than 60 paintings and found object installations. Dream Peace will feature poster-style paintings of contemporary political injustices, and of Tuvia Bielski partisans and other survivors of the Holocausts, some of whom were interviewed on videotape by the artist. Also included are spiritual/Buddhist paintings that evoke the antithesis of war.

The testimonial video interviews are embedded in Roberts' found object installations in the form of "talking suitcases." Two-time Emmy Award winner Jesse Stein helped the artist with the videos. One "talking suitcase" features Sanibel resident Robert "Bob" Hilliard, who was stationed in Germany shortly after World War II ended. Hilliard shares his thoughts about current U.S. politics.

"Making meaningful social statements about our human condition is important to me, and links the past and present," Roberts explained. "Crimes against humanity continue daily. We are all diminished when any person suffers because of discrimination. Our differences make life more interesting and our common humanity matters most of all. Dream Peace inspires viewers to ponder the need for change."

Dream Peace includes Sandy Hook, a painting about gun control, and Never Again, a commissioned work by Planned Parenthood of Southwest and Central Florida

In addition to the Dream Peace works,



# Myra Roberts with one of her commissioned paintings, *Robin's World*

Roberts will exhibit selected pieces from recent series. Florida Retro paintings resurrect the Sunshine State's past, and Endangered Species works draw attention to future concerns. Smokescreen: Prelude to the 1940s is a series of collages that depict American and/or German middle class domestic life combined with images of Adolph Hitler's rise to power. Angels on Earth celebrates extraordinary lives. Included is 2014 Nobel Peace Prize co-winner Malala Yousafzai, who is now studying at Oxford University.

"Ît's really important for me to take this (art exhibit) to places like colleges and universities, because the responses from young people are amazing," said Roberts, who lectures and exhibits throughout the United States. "The fact that they're learning about social issues through my art is heartwarming. I'm really touched by that"

The Sidney & Berne Davis Art Center hosted a retrospective exhibition of her works in January 2015. WGCU Public Media chose Roberts as one of five 2016 Makers: Women Who Make Southwest Florida. Nominated by the public, the selection of Roberts was based on her impact in the arts and social justice in Southwest Florida.



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# The Cranberry





by Resident Chef Jarred Harris

nce you have Thanksgiving behind you, I bet you still have cranberry sauce in your kitchen cupboard. In fact, it's not a bad thing to have a can of cranberry sauce in your cupboard year-round. If you enjoy the taste of fresh cranberries, now is the time to stock up on the berries to freeze. Fresh cranberries are only available October through December and can be kept in the freezer for up to

Cranberries are native to North America and are produced in Wisconsin, Washington, Oregon, Massachusetts and New Jersey. Twenty percent of the nation's crop of cranberries is consumed on Thanksgiving Day, while the rest of the crop is turned into juice, dried, frozen or cranberry sauce for use throughout the year.

Cranberries contain powerful



Wild Mushroom Cranberry and Brie photo provided Wellinaton

antioxidants and high levels of fiber and minerals. This berry has been used for many years to treat infections, improve immune function and treat certain types of cancer.

I use cranberries year-round in my recipes; canned, dried or frozen. Cranberries shouldn't just be used for the holidays. Here is an interesting recipe for you to try using cranberries.

#### Wild Mushroom Cranberry and **Brie Wellington**

(yield 4 portions) Ingredients 2 sheets of puff pastry

8 oz. brie wheel (rind removed and cubed)

½ stick of butter 1½ pounds of wild mushroom mix

(sliced) 8 oz. fresh spinach 3 sprigs of fresh thyme (leaves removed and chopped)

2 shallots (fine diced)

1½ cloves of garlic (minced)

8 oz. cranberry sauce

2 egg yolks plus 1 tsp. of water Salt and pepper Method

Melt ½ stick of butter in a sauté pan, then add mushrooms, spinach, shallots, thyme and garlic. Cook mushroom mixture until all liquid is evaporated and

set aside to cool.

Cut each puff pastry sheet into four equal squares. Place four of the squares on a lightly floured surface and top each with 1/4 of the brie cubes, 1/4 of the mushroom mixture and then 1/4 of the cranberry sauce.

Lightly brush the edges of the Wellingtons with the egg mixture and top with the additional puff pastry

Crimp the edges around the Wellingtons and brush the tops of the puff pastry with egg wash.

Place the wellingtons in a 375F preheated oven and cook for 30 minutes, or until the pastry is golden

Remove from the oven and rest for 10 minutes before serving.

Serve with additional cranberry

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or auestions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.<sup>‡</sup>

#### **LIVE** ON THE **ISLANDS**

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.

**Traders Gulf Coast Grill & Gifts** has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.

Traditions on the Beach at **Island Inn** has live entertainment on Thanksgiving with Dusk. Woody Brubaker performs on Friday. Dusk plays on Saturday and Wednesday. Barbara Dexter performs on Sunday. Woody and Sasse play on Thursday.

> Restaurant owners/managers. please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆





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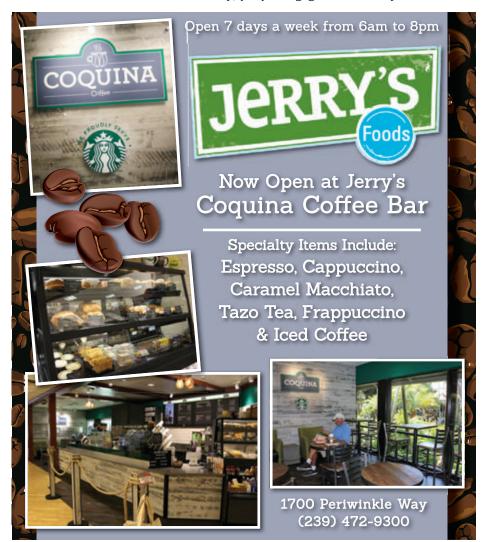
photos by Sam Ayres

## Volunteers Needed For Audubon Christmas Bird Count

submitted by Bill Jacobson

an-Cap Audubon will conduct its annual Christmas Bird Count (CBC) on Saturday, December 16. The results of the local count will be forwarded to the National Audubon Society for inclusion in the 118th National Christmas Bird Count. More than 50,000 observers participate each year in this census of earlywinter bird populations. The results of their efforts are compiled into the longest running database in ornithology, representing over a century of unbroken data on trends of early-winter bird populations across the Americas. Simply put, the Christmas Bird Count, or "CBC," is citizen science in action.

Prior to the turn of the 20th century, people engaged in a holiday tradition





#### Osprey

known as the Christmas "Side Hunt." They would choose sides and go into the field with their guns; whoever brought in the biggest pile of feathered (and furred) quarry won. Conservation was in its infancy around the turn of the century, and many observers and scientist were becoming concerned about declining bird populations. Beginning on Christmas Day 1900, ornithologist Frank Chapman, an early officer in the then budding Audubon Society, proposed a new holiday tradition, a "Christmas Bird Census" that would count birds in the holidays rather than hunt them. So began the Christmas Bird Count. Thanks to the inspiration of Chapman and the enthusiasm of 27 dedicated birders, 25 Christmas Bird Counts were held that day. The locations ranged from Toronto, Ontario, to Pacific Grove, California with most counts in or near the populations centers in northeastern North America. Those original 27 Christmas Bird Counters tallied a total of 90 species on all the counts combined.

Volunteers are needed for this year's CBC. Birding skills are desirable but not necessary. If you would like to participate, call 395-1878. 公





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# Zentangle Is Easy And Relaxing Art



Instructor Meg Scott's welcome sign photos by Jeff Lysiak

by Jeff Lysiak

hile not everybody is an artist, everybody is capable of creating art.

That's the philosophy of the Zentangle method of art, which is designed to increase focus, creativity, hand-eye coordination and boost one's artistic confidence.

Last week at The Community
House, instructor Meg Scott directed
a small group of students in the
recently-created Zentangle method,
which encourages participants to focus
on each immediate pen or pencil stroke
without worrying about what to do next
or what the end result will be.

"I enjoy teaching this to people who



Instructor Meg Scott notes the benefits of Zentangle

think they have no artistic skills," said Scott, a certificed Zentangle teacher and founder of www.Shells2Share. com. "But the truth is, we are all artists; anybody can do this. Zentangle is an easy and relaxed method for creating beautiful images using structured patterns."

According to Scott, Zentangle was born when artist/illustrator Maria Thomas and her partner, Rick Roberts, discovered that while she had been working on an illustration, she became so immersed in her work that they considered her method somewhat like meditation. That's when the pair came up with the idea for Zentangle.

"When you create with the Zentangle method, you also discover new skills and abilities as you create your beautiful and unexpected results," the Zentangle



Zentangle class participants having lunch created by Resident Chef Jarred Harris

website explains. "To express creativity feels wonderful. It results in beautiful art. It supports health and wellbeing. It provides the insight and self-confidence to develop your unique expression."

On November 15, seven students took part in the first Zentangle class at The Community House. Scott, who also teaches art classes at BIG ARTS,

Alliance for the Arts in Fort Myers and in Bonita Springs, shared the basics of the method: the artist create tangles with combinations of dots, lines, simple curves, S-curves and orbs. These simple shapes are the "elemental strokes" in all Zentangle art. These patterns are drawn on small pieces of paper called continued on page 38









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From left, students Signe Diem and Linda Watson peruse Zentangle examples with instructor Meg Scott

#### FINEST FARE ON THE ISLANDS

#### **BAILEY'S GENERAL STORE**

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cookouts, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. Pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa. 472-1516

#### **BEACH PIEZ**

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from 4 to 9 p.m. With fresh ingredients, mouthwatering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer. 472-3224

#### **BLUE GIRAFFE**

Family owned Blue Giraffe, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists. The menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap. 472-2525

#### **BLEU RENDEZ-VOUS FRENCH BISTRO**

Parisian Chef Christian Vivet and his Floridian wife Mari Vivet are hosts of the classic French bistro. Choose from an array of appetizers, the extensive a la carte menu, a Prix Fixe Tasting Menu, the Chef's Bleu Inspirations or Petite Plates. Pair your dinner with an extensive French and domestic wine list, dessert wines or French craft beers. Authentic French dishes and desserts are prepared from scratch in the open kitchen. You'll feel welcome by Mari's southern hospitality as you are greeted at the door. Open Tuesday to Saturday at 5 p.m. Reservations encouraged. 565-1608

#### **CIP'S PLACE**

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages - including "Cip" - and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the homemade potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily. with happy hour from 4 to 6 p.m. 472-0223

#### **DOC FORD'S RUM BAR & GRILLE**

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m. 472-8311, 312-4275, 765-9660

#### **DUNES GOLF & TENNIS CLUB**

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la

carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter. 949 Sand Castle Road, 472-3355

#### GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:15 a.m. For dinner, arrive before 8 p.m. 472-8138

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Sunday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m. 472-5555

#### **ISLAND COW**

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. Now serving full liquor island cocktails! Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m. 472-0606

#### **ISLAND PIZZA**

Island Pizza is named so because it does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. That is why the "family-owned" restaurant has been voted "the best pizza on the island" from 2009 to 2016. Known as quaint and colorful. Island Pizza has more than 9 years of experience while specializing in home-cooked Italian cuisine. Besides pizza and classic Italian entrees, Island Pizza has a large selection of appetizers and salads as well as wings, calzones and seven choices for kids. Boar's Head deli meats are also served on subs.

Open seven days a week from 11 a.m. until late evening. Lunch is served 11 a.m. to 5 p.m. with buy-oneget-one drafts on happy hour from noon to 5 p.m. Eat in, take out or free local delivery. 472-1581

#### JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the wellstocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m. 472-9300

#### **LA BELLA VITA RISTORANTE**

Sanibel Island Beach Resort's new restaurant features Italian signature dishes with an emphasis on coastal flavors and fresh ingredients.

La Bella Vita Ristorante serves breakfast daily from 8 to 11 a.m. and dinner from 5:30 to 9 p.m.

There is also the Poolside Tiki Bar with casual fare and views of the beach and sand dunes. It is open daily from 11 a.m. to sunset with lunch available daily from 11 a.m. to 5 p.m.

The eateries are a part of the boutique hotel on the edge of the Gulf of Mexico at the corner of Donax Street and Middle Gulf Drive. www.sanibelbeachresort.com.

#### **MATZALUNA ITALIAN KITCHEN**

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m. 472-1998

#### **OVER EASY CAFE**

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m. 472-2625

#### **PECKING ORDER**

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw. mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available. 472-2534

#### SANIBEL BEAN

The Sanibel Bean coffee shop is iava central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare. 395-1919

#### **SANIBEL DELI & COFFEE FACTORY**

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well, 472-2555

#### **SANIBEL GRILL**

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight, 472-3128

#### **SANIBEL SPROUT**

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday. 472-4499

#### **SUNDIAL BEACH RESORT & SPA**

Voted 2016's Best New Restaurant and Best Sushi, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar featuring hibachi dining and expertly rolled sushi. For sushi-to-go, visit Shima Grab N Go for the same award-winning sushi selection.

Panoramic Gulf views await at the Gulf-front Sea Breeze Café where the menu celebrates fresh local produce and seafood. Enjoy breakfast, lunch or dinner on the outdoor terrace or in the dining room.

Sanibel's favorite tiki bar, Turtle's Pool & Beach Bar, serves up frosty drinks and favorite fare at the bar and family-friendly patio.

Visit sundialresort.com for menus, restaurant hours, daily happy hours and reservations. 472-4151

#### **SWEET MELISSA'S CAFE**

Award-winning Sweet Melissa's Café offers eclectic fine dining level food in a casual, relaxed atmosphere. The restaurant features handcrafted artisan cocktails, local craft beers, a Wine Spectator award-winning wine list with bottles in every price range and a farm-to-table chef-driven menu unlike anything else on Sanibel. Enjoy lunch or dinner in our dining room, take advantage of the weather on our screened-in patio, or come sit at our chef's bar and watch Melissa and her staff in action. Join us for happy hour from Monday through Friday from 4 until 6 in our bar area with. Live music Wednesday through Saturday featuring acoustic guitar by Michael David. Lunch is served Monday through Friday from 11:30 a.m. to 2:30 p.m. Dinner is served Monday through Saturday from 5 p.m. until closing. Happy hour, featuring 2-for-1 draft beers, glasses of wine and well cocktails as well as a light menu perfect for afternoon snacking, at the bar Monday through Friday from 4 to 6 p.m. Call for reservations. www.sweetmelissascafe.com.

#### **TIMBERS RESTAURANT** & FISH MARKET

The Timbers Restaurant & Fish Market and the adioining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m. 472-3128

#### **TRADERS GULF COAST GRILL & GIFTS**

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no frver in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. 472-7242

#### TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested. 472-4559



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#### **Book Review**

# Hidden History Of Fort Myers

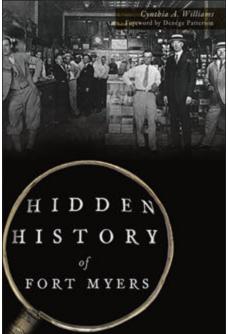


by Di Saggau

veryone knows that Fort Myers was the winter home of Thomas Edison and Henry Ford, but did you know that the city began as a U.S. Army post during Florida's Seminole

Wars? During the Civil War, it became a battleground between Confederates and Yankees for cattle and, after the war, a gun-slinging cowboy town. The untold stories from the City of Palms can be found in Cynthia A. Williams book Hidden History of Fort Myers. The book is factual and well-researched as explained in the Foreword by Denege Patterson, historian and author.

While we are familiar with many names in the book, I'm sure many do not know the history behind some of those names. Williams weaves together a fascinating story of Fort Myers complete with pictures of those who played a part in the city's history. She begins with the various Florida Wars that began in 1817 and continued through 1849. Fort Myers was named for Colonel Abraham Charles Myers who was engaged to Major General



David E. Twiggs. It was General Twiggs who gave the name "Myers" to the post on Valentine's Day, February 14, 1850.

All the prominent principal players are mentioned. In addition to Edison and Ford, this includes Seminole chief Billy Bowlegs, Cattle King Jacob Summerlin, Captain FA Hendry, Ambrose McGregor of Standard Oil, and his wife "Tootie" McGregor who was Fort Myer's great benefactress. Their stories are engrossing

The history of famous buildings are explained in detail along with lots of

pictures. I loved the look on Fisherman Berry C. Williams at Punta Rassa fish camp in 1957, with a 340-pound Goliath grouper. There is an interesting section titled *A Lost Page in Fort* Myers History that includes the story of Page Field which was the base for training fighter pilots in 1943. I

have seen this book in many stores throughout Southwest Florida. I suggest you pick one up because the hidden stories will provide you with all you need to know about how Fort Myers turned from an isolated frontier town into a modern tourist destination. It's a 

## School Smart



by Shelley M. Greggs, NCSP

ear Readers, we approach Thanksgiving and the holiday season, let's take time to reflect on being thankful and having gratitude.

The dictionary defines gratitude as "the quality of being thankful; readiness to show appreciation for and to return kindness." Thankfulness and gratitude are two very important concepts for children to understand, experience and internalize.

Teaching children to be thankful for the abundance in their lives can be difficult as our society is very focused on material goods. Research tells us that, "Having regular experiences of gratitude is associated with healthy psychological and social functioning," (McCullough, Emmons & Tsang, 2002; Watkins, 2004). So, when we teach gratitude and thankfulness to our children and allow it to grow, we support improvement of our children's mental health and development of a positive life-long skill.

So how does a simple act of gratitude support our mental health and well-being? When we engage in being thankful this often leads to an increased sense of wellbeing and positive mood. Being grateful often reduces anxiety levels and feeling of depression. When we are grateful for specific people in our lives, we strengthen these relationships and increase connectivity to the world.

Parents can teach their children to be thankful and have gratitude, but just teaching it to our children is not enough. We must model it as well. Serving as role models for our children is the best way to help them learn and understand these concepts. And as we role model for them, we will also benefit and our own mental health will improve.

Here are some activities to help you teach thankfulness and gratitude to your

children. Say, "Thank you!" Tell your children thank you and tell them why you are saying it. When you say thank you and give verbal feedback, be explicit in your praise of the aspects that are good. Start your feedback with, "Thank you! I want to give you a compliment/compliments." Allow your children to realize that you are grateful for what they have done correctly. Children will start remembering the compliments as they are valued and repeated in more work.

End each day with a positive thought. Have your child tell you what is one thing they have learned that day or what was the best part of their day before they go to sleep each night. You could also do this at dinnertime and have each family member share

something positive.

Gratitude/Thankful diary/Thank you notes - Encourage your child to write thank you notes or have their own diary that they write, draw or glue things in that they are thankful for in their lives. In times of upset, they can look through their diaries to remind themselves of all the things that make them thankful. These are powerful tools allowing children a tangible outlet to show gratitude.

Gratitude jars. Create a family gratitude jar and encourage family members on a weekly basis to write a little note with who and what has made them grateful and put it in the jar. Read them once a month at a family dinner and see positive feelings grow.

Modeling gratitude, that for which you are thankful, allows this expression of positivity to be normalized and incorporated as a part of daily life. Gratitude is a simple but effective way to develop a positive mindset for children and adults alike.

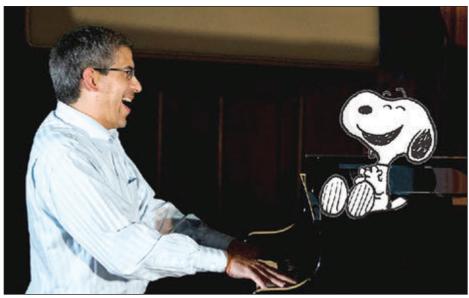
Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.  $\mbox{\ensuremath{\mbox{$\box{$\b}}}}}}}}$ 



# Top Ten Books On The Island

- 1. Dame and the Sanibel Sunset Detective by Ron Base
  - Promise Me, Dad by Joe Biden
- Sanibel Flats by Randy Wayne White
- 4. Manhattan Beach by Jennifer Egan
- My Husband's Wife by Jane Corry
- Lilac Girls by Martha Hall Kelly
- Midnight Line by Lee Child
- Shellanguage by Pam Kirby Rambo
- Grant by Ron Chernow

10. Origin by Dan Brown Courtesy of MacIntosh Books and Paper.₩



Pianist Jim Martinez with the animated Snoopy

photo provided

# Fun With The Peanuts Gang At Holiday Pops

The Southwest Florida Symphony presents its annual Holiday Pops concerts with a fun family twist this year – A Charlie Brown Christmas. Concerts will take place at The Village Church at Shell Point on Tuesday, December 12, St. Leo the Great Catholic Church in Bonita Springs on Thursday, December 14, BIG ARTS on Sanibel on Friday, December 15 and at Barbara B.

Mann Performing Arts Hall on Saturday, December 16.

This performance, conducted by Dr. Trent Brown, the Symphonic Chorale's music director, features the beloved music of the Peanuts traditional holiday animated TV show, A Charlie Brown Christmas, composed by jazz pianist Vince Guaraldi and arranged for orchestra by special guest Jim Martinez. This concert also features performances by the Symphonic Chorale of Southwest Florida.

Single tickets start at \$27 and vary by venue. Family packages of \$60 for four tickets (two adults and two children) are also available for Barbara B. Mann Performing Arts Hall and St. Leo the Great Catholic Church performances. Tickets may be purchased at the Southwest Florida Symphony Box Office by calling 418-1500 or visiting in person, online at www.swflso.org and at all performance venues.

#### **BIG ARTS Corner**

#### Workshops And Seminars

BIG ARTS offers the following workshops and seminars. Preregistration is recommended. For a complete listing of educational classes, workshops and lectures, visit www.bigarts. org, or call the Marks Box Office at 395-0900.

Adult Tap by Bobby Logue, Tuesday, 12:30 to 2 p.m. November 28, December 12 and 19.

Italian Opera 101 by Thomas Cimarusti, Monday, 1 to 4 p.m., November 27 through December 18.

Intermediate Tap by Bobby Logue, Friday, 9 to 10:30 p.m., December 1 and 22.

Life Drawing, Non-Instructed Open Studio by Carol Rosenberg, Friday, 9:30 a.m. to noon, December 1 through 22.

Instructed Life Drawing by Francesco Gillia, Monday, 9:30 a.m. to noon, December 4 through 18.

Creating with Polymer Clay by Martha Grattan, Tuesday, 6 to 9 p.m., November 28, December 5, 12 and 19.

Glass Fusing by Petra Kaiser, Wednesday, 9:30 a.m. to 12:30 p.m., December 6 through 20. An Invitation to Photographic Storytelling by Harvey Schipper, Friday, 9 a.m. to noon, December 8 through 22.

Watercolor Secrets Revealed (some painting experience needed) by Tom Lynch, Friday, Saturday and Sunday, 9 a.m. to 4 p.m., January 5 through 7.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or emailinfo@bigarts.org.

#### Holiday Show Opens Next Week

reative Theater Workshop will open its seventh children's play, *Elf, Jr.*, on Thursday, November 30. The show will run through December 5. Tickets are \$10 to \$15 and performance times vary. For more information or to purchase tickets, visit www.CTW.Life or call Artistic Director Michelle Hamstra at 738-3525.

Creative Theater Workshop will also have auditions for *Aladdin Jr.* on December 2 at The Community House for children ages 8 to 12 and 12 to 18. This show will feature workshops in stage combat, special effects, fencing/sword fighting, singing, dancing and acting.

To sign up for an audition, students can go to www.CTW.Life for more information.





#### Florida Yellowfin Tuna with **Pepper Garlic Crust**

4 eight-ounce tuna steaks,  $1\frac{1}{2}$ -inch thick

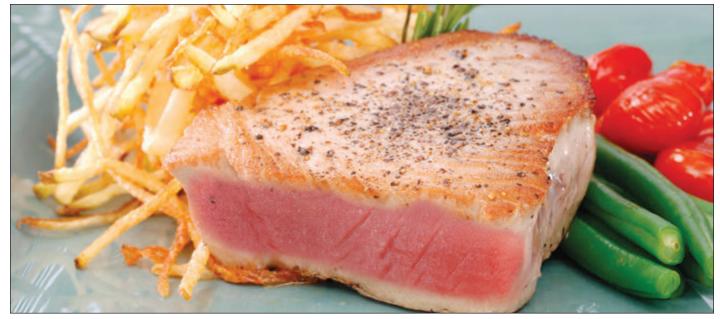
½ tablespoon salt

½ tablespoon rushed black peppercorns

1 tablespoon olive oil

1 clove garlic, peeled and chopped Season the tuna steaks with salt and crushed black peppercorns. Heat oil in a skillet over high heat; add garlic and brown. Add tuna steaks and sear to desired doneness. Cook 2 minutes on each side for rare center; 3 to 5 minutes each side for medium center; 5 to 8 minutes each side for well-done center.

Yield four servings.☆



Florida Yellowfin Tuna with Pepper Garlic Crust

photo courtesy Fresh From Florida

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Daily Lunch Specials • Salad Bar • Take-Out or Eat In • Breakfast • Lunch • Dinner Open Daily 6 a.m. - 8:30 p.m.



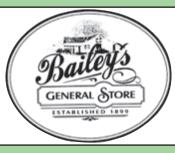






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- Lapin au Vin Blanc (Rabbit Stew)
- Navarin D' Agneau (Lamb Stew)

Pick up hot & ready or cold to reheat later! We recommend calling ahead for groups of more than 4 guests.

#### **BIG ARTS Monday Night Film Series**

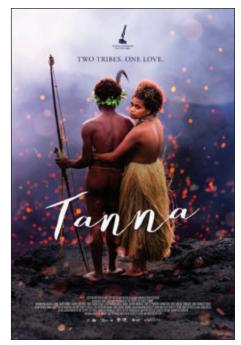
#### Ianna

by Di Saggau

he BIG ARTS Monday Night Movie for November 27, is Tanna, a film that shows us a corner of the world we never knew about. Filmed on the remote South Pacific island of the same name, it has a cast of entirely local non-actors. The people live off the land, in a village called Yakel. They ignore the modern role and go by a set of traditional rules called Kastom. Thanks to a pair of star-crossed lovers, the Kastom is both the tribe's salvation and its doom. While it sounds like Romeo and Juliet, this is based on a real story.

A young girl falls in love with the grandson of the tribe's chief but, in their culture, marriage is not a union of love. She is betrothed to another man in a different tribe. Their union is meant to heal old wounds, but the young couple has other ideas.

The island of Tanna seems untouched with it's lush foliage. The story unfolds against a stunning backdrop. The Australian directors manage to give the movie a beauty that rivals a nature documentary. The pair spent seven months with the tribe getting to know its members. The movie is quite an accomplishment considering the cast had never seen



cameras before. Their performances are stunning. The film runs 104 minutes. Moderator is Mary Arcenaux.

Admission to **ŠIG ARTS Monday** Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, or at the door or by calling 395-0900.☆

## Children's Book Featuring Sanibel Now Available

**7** risti Peterson, a former music and elementary school teacher who has spent countless days over the past 33 years on Sanibel, has written an instant classic children's book, titled Good Morning Sanibel. Peterson's book captures favorite family activities and highlights the historic sites and beauty of Sanibel.

Good Morning Sanibel is a charming story in verse with whimsical illustrations of families riding bikes, searching for shells, building sandcastles,

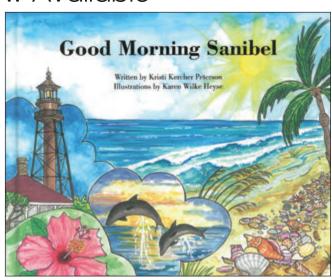


image provided

canoeing waterways and visiting favorite landmarks.

'I have always loved Sanibel and I wanted to share some of its special magic from a child's viewpoint," said Peterson. "My children grew up spending every vacation on the island, and it was there they learned about the amazing wonders of sea life, the countless species of exotic birds and even the constellations.'

Colorful illustrations in this 32-page book, by muralist and accomplished illustrator Karen Heyse, are sure to capture the attention of young readers. It features island favorites including the Sanibel Historical Village, Sanibel Lighthouse, JN "Ding" Darling National Wildlife Refuge and The Green Flash. A special shell is hidden on almost every page for children to "search and identify," with a guide in the back of the book.

Copies of Good Morning Sanibel are now available at local stores all over the island and several book signings are being arranged for the holidays.

'Sanibel is a special island and I can't wait to share a bit of its magic," added Peterson.☆

OF THE SANIBEL COMMUNITY HOUSE

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# ANIBEL MASTERS · ART FESTIVAL ·

# NOVEMBER 24 & 25, 2017 FROM 9AM-4PM

The Sanibel Masters Art Festival continues a 25-year holiday tradition as 75 artists from across the nation bring their art to the Sanibel Community House on Friday and Saturday after Thanksgiving. Come browse and purchase paintings, jewelry, sculpture, glasswork and much more.

> Proceeds from this event benefit the programs at the Sanibel Community House and the BIG ARTS, Sanibel and Captiva's home for all the arts.

To continue a marvelous tradition The BIG Arts Chorus will perform a preview of their holiday concert.

Please join us for one of Sanibel's finest community art events.



The library offers eBooks for adults and photo provided

## Help Sanibel Library Win The eBook Challenge

anibel Public Library is on a mission to get more people to try digital reading. While the library has offered eBooks, digital audiobooks and streaming video to the community through its partnerships with OverDrive and Hoopla for many years, many people are still surprised to learn their library card gives them access to thousands of digital titles.

Through the remainder of the year, the Sanibel Public Library is participating in OverDrive's Digital Dash contest. If they hit 19,689 digital checkouts by the end of the year, the library will be eligible to win additional funds to buy more eBooks and audiobooks for the collection.

"We are at 85 percent of the goal. We have been building the eShelf since 2010, and this incentive from OverDrive could add leverage to our efforts to add more new titles and more copies of popular titles," said Margaret Mohundro, library executive director.

The eShelf usage has grown by 20 percent every year, and more than 43,000 eBooks, (including 9,000 audiobooks) have been checked out from the library in the past six years.

"We would love to expand our digital collection with new materials and cut down on hold times by buying more copies of our most popular titles," said Duane Shaffer, who works on collection development for the library.

The digital books are free for anyone with a valid library card. Current popular titles include John Grisham's Camino Island, Michael Connelly's The Late Show and Into the Water by Paula Hawkins. Users can borrow bestsellers and classic eBooks and audiobooks to read on smart phones, tablets, Kindles and other eReaders, MP3 players and computers.

Sanibel Public Library also offers a dedicated space for younger readers, with a variety of juvenile and young adult titles, like the Percy Jackson series and Wonder by RJ Palacio. There are never late fees with digital titles, as they return automatically at the end of the two-week lending period.

Readers can access the library's digital collection 24/7 by visiting www.sanlib. org or by downloading the Libby app from their device's app store. Sanibel Public Library offers several e-reader apps; including Hoopla for eBooks, movies, music and audiobooks as well as RB Digital for magazines.

The library also offers Mango, an online language learning tool. Sanibel Public Library was the first public library in the state of Florida to offer Tech IT Out service, a kiosk where patrons can borrow MacBook Air and Dell laptops for

use in the library. These eShelf services are offered to Sanibel Public Library cardholders at no extra charge. Patrons who need technical assistance with using their own personal devices to download library material should call to make an appointment with staff.

Major funding for new technology is provided by the Sanibel Public Library Foundation and its generous donors. For more information about the foundation or to make a donation, call 472-2483 or visit

www.sanlib.org.
The Sanibel Public Library is located at

770 Dunlop Road. A

## Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink. net. Each week, individual work will be showcased.

selected by Tanya Hochschild

#### Mummy

by Tanya Hochschild

You at your mahogany dressing-table, misty behind the curling smoke of your ciggie

tilted, in the red glass ashtray. Your tongue slicks your lips which you cover

with a pointy red crayon, with a tissue blot off the excess.

You smile at me, beautiful mother dressed for another boring medical dinner. How can you stand those disinfected

wives, whose tight white lips perpetually purse, whose noses sniff scandal, who never turn cartwheels in the garden, or win the Mother's race on sportsday, or drive the tennis team to Farouk's Ice Cream Emporium, win or lose? You choose some rouge, pat it on your cheeks

clip golden hoops, on each ear, open your powderpuff, dab the tip of your nose.

You shake out your hair, I stare at your reflection in three angled mirrors, perfect

profiles and familiar face. You swivel round, adjust your broderie anglaise blouse

Slip your arched feet into sandals, softly sing

The sheik of Araby I call out, "Your heart belongs to me," We shout out the song, then you nod. I pick up the perfume bottle, you offer your neck.

Three short sharp sprays, you are ready to leave.

You lean down to kiss me goodnight, "don't let the bedbugs...'

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two 

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From page 31

## Zentangle



#### Some of the seashells decorated using the Zentangle method

"tiles," which are then assembled into mosaics.

From that point, wonderful artistic creations come to life.

"When you're working small, it doesn't take a lot of time or materials," said Scott, who noted there are no mistakes when using the Zentangle method; instead, they are considered "new opportunities."

tlt's very relaxing, creative and fun," she added.

Prior to the start of the class, participants had a gourmet meal created by The Community House's Resident Chef Jarred Harris, featuring a Wild Mushroom, Cranberry and Brie Wellington, paired with fresh mixed vegetables.

For a list of upcoming classes or additional information, call The Community House at 472-2155 or visit 

## Captiva Island Historical Society Launches New Website

Though the Captiva Island Historical Society (CIHS) is an organization that strives to preserve history, it has a dynamic, contemporary new website.

Tom Libonate, chair of the CIHS Board of Directors, said, "Thanks to a grant from the Charitable Foundation of the Islands, we engaged the services of GO, a digital marketing and communication agency in Hartford, Connecticut to rebuild our website over the summer months."

The new website is interactive and compatible with mobile devices, relying on a simple, modern, web interface, with a historical tone. It delivers useful, real-time information and offers stories about the characters and events that shaped the history of the island.

The website has the latest information on upcoming events and a link to over 10,000 digitally archived items, including photographs, postcards, family letters and newspaper articles. It also includes videos of past events, profiles of island characters and historic sites, and trailers of the *Captiva Memories* documentary films.

A visit to the new website is only a click away at: www. captivaislandhistoricalsociety.org.

## December Programs At Captiva Memorial Library

The Captiva Memorial Library is offering the following free programs for children in December:

Unwrap the Gift of Reading – December 1 through 30 during normal library operating hours: Tuesday and Thursday, 10 a.m. to 6 p.m.; Wednesday, noon to 8 p.m.; Friday and Saturday, 9 a.m. to 5 p.m.

Drop in any time and explore December holidays. There will be holiday books on display and activities to complete at your own pace. Activities will change weekly.

The Captiva Memorial Library is located at 11560 Chapin Lane on Captiva. For more information about a program or to register, call the library at 533-4890. Check the Lee County Library System's website at www.leelibrary.net to find out about programs at other locations. Call the host library, or Telephone Reference at 479-INFO (4636), for more information about a specific program.

In accordance with the Americans with Disabilities Act, Lee County will not discriminate against qualified individuals with disabilities in its services, programs or activities. To request an auxiliary aid or service for effective communication or a reasonable modification to participate, contact Joan LaGuardia at 533-2314, Florida Relay Service 711, or jlaguardia@leegov.com. Accommodation will be provided at no cost to the requestor. Requests should be made at least five business days in advance.

## Call To Artists For All Florida Juried Exhibit

The Alliance for the Arts is seeking Florida artists to submit their work to the annual All Florida Juried Exhibit. The opening reception will be held March 9 from 5 to 7 p.m. This is the Alliance's longest-running exhibition and features pieces created by artists working in a wide variety of media from all over the state of Florida.

Categories for entry are sculpture, painting (including oil, acrylic, collage, watercolor and mixed media), photography, prints and drawing. An entry may consist of one to three artworks. All entries must be submitted online no later than January 29. Artists can download the prospectus and submit their work at www. artinlee.org/AllFlorida18.

This year's juror is Mark Ormond, who will be on hand to present awards including \$1,000 cash for Best in Show, a second place \$250 gift certificate for Golden Paints, \$100 cash for third place and Jurors Choice Award(s) of Alliance for the Arts membership(s).

Ormond has worked for more than 30 years as a museum director and curator, university professor, writer, independent curator and consultant to institutions and private individuals. A graduate of George Washington University and the University of Pennsylvania, he is currently curator of exhibitions at Ringling College Galleries at Ringling College of Art and Design where he also teaches courses in the business of fine arts and the role of the curator in contemporary art. His essay on Robert Rauschenberg was published in a catalog for an exhibition at Galerie Thaddaeus Ropac in Paris, France.

The exhibition is sponsored by Elemental Stone and Waterworks. For more information, call 939-2787.











BUSINESS REAL ESTATE CLASSIFIEDS

VOL. 25, NO. 21 SANIBEL & CAPTIVA ISLANDS, FLORIDA

**NOVEMBER 24, 2017** 

## Celebrating 10 Years At The Rec Center

by Jeff Lysiak

All are invited to the Sanibel Recreation Center on Monday, December 4 as the all-age fitness and community engagement facility celebrates 10 years of serving island residents and visitors alike. The free gathering will take place from 3 to 5 p.m. at 3880 Sanibel-Captiva Road.

During the anniversary celebration, planned activities include facility tours, music and dancing, a bounce house, photo booth, door prize drawings held every 15 minutes, complimentary cupcakes and the screening of a 10-year commemorative video.

"A building is really just brick and mortar, but it's the community that gives this facility its life and its purpose," said Andrea Miller, recreation department director. "Our motto, Fit 4 Life, truly encapsulates our mission, because we are a part of people's lives literally from beginning to end. We have swimming classes for babies, and we also have one of our senior members – who is 98 years old – that comes in to use our weight room three days every week."

According to Miller, the Sanibel Recreation Center averages 320 users per day. Membership includes approximately 2,000 six-month and year-round



From left, Sanibel Recreation staff members Debbie Kwok, Matt Fannon, Kayla Schuneman, Tori Ulmer, Andrea Miller, Tasha Maddix and Suzy Callanan preparing to celebrate the 10th anniversary of the multi-purpose facility on December 4 photos by Jeff Lysiak

nembers

Reflecting back on the past decade, several key figures in the community shared their thoughts on the Sanibel Recreation Center, its history and its role in serving the community.

"When I first ran for Sanibel City Council in 2005, the new rec center was a somewhat controversial issue. Could Sanibel afford it? Would anyone come?" recalled Vice Mayor Mick Denham. "I threw my hat in the ring of supporting it, and went to work along with my new council colleagues. It took just over two years to organize the financing and get

the center built. What a Sanibel success it has been – even the doubters have been won over. This is what happens when someone has an idea and enough people get behind it."

Mayor Kevin Ruane shared a similar memory, recalling the night that the citizens of the island overwhelmingly approved the plan to construct the Sanibel Recreation Center. "I remember sitting at the polls the night it went on the ballot," he said. "When you're a part of a group of people who had the vision for building this, you get such a joy watching it get approved that night."

Ruane also called the facility "the bedrock of the island."

"To see the entire community use this facility, and see it become as successful as it has been, I'm really blown away," the mayor added.

"A public facility, even an architecturally award recognized designed building such our beautiful recreation center, is just a pile of bricks and mortar until you add the programming – it is the people, the attendees and staff, that bring the facility to life," said City Manager Judie Zimomra. "In our case, the recreation

continued on page 9B



Members of the Sanibel Fire Rescue District, under the watchful eye of training officer Tim Barrett, conducting water rescue exercises at the rec center pool



Youth Program Coordinator Dave DeFonzo, left, teaching archery to youth campers Mike Mobley and Carson Bechtel

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## Kiwanis Club Prepares For 45th Year With New Additions

submitted by Tom Sharbaugh

The Kiwanis Club of Sanibel-Captiva recently announced its new officers for 2017-18, led by new President Jason Smith. Other officers serving in the coming year are: President Elect Doug Congress; Vice President Aaron Pruss; Secretary Jerry Edelman; Treasurer Bob Smith; Assistant Treasurer Joel Goodman; Past President Chris Heidrick. In addition, the club was pleased to welcome five new members to its merry band, including Ed Hendrick, Erik Heben, Nathan Faber, Jeff Wickham and Robert Hamer. The coming year will mark the 45th anniversary of the founding of the local Kiwanis Club.

Kiwanis membership involves serious work, as the club raises funds for its community youth service projects through its annual Spaghetti Dinner in February and distribution of its *Diners Delight* coupon books, offering 2-for-1 specials at area restaurants. Proceeds from these activities enable Kiwanis to fund a wide array of programs that aid local youth, including scholarship grants, educational, recreational and social support programs.

However, in addition to the club's important community service,



Kiwanis President Jason Smith, far right, with new Kiwanis members, from left, Ed Hendrick, Erik Heben, Nathan Faber, Jeff Wickham and Robert Hamer photo provided

Kiwanis membership provides an opportunity for Kiwanians to meet and network with community leaders, to stay informed on important local issues through the Kiwanis speaker's program, and to enjoy the camaraderie and good-natured humor of Kiwanis

Tuesday morning breakfast gatherings. And where else can you hear "Happy Birthday" sung on your birthday in any musical style you request?

Those interested in joining the Kiwanis Club (or just checking out one of its meetings) are welcome to attend. Meetings are held on Tuesdays at the Dunes Golf and Tennis Club, with breakfast starting at 7 a.m., followed by the meeting at 8 a.m. For more information, contact Kiwanis Secretary Jerry Edelman at 677-7299 or jerryedelman@gmail.com.

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From left, Susan Nasworthy of Edison National Bank, Abdul'Haq Muhammed and Robbie Roepstorff, president of Edison National Bank photo provided

## Center's Capital Campaign Moving Forward

The Quality Life Center, known to many in the Dunbar community as The Q, is making advances in its \$1.5 million campaign to fund its building expansion, staffing and other expenses.

The center's existing building, at the corner of Martin Luther King Jr. Boulevard and Ford Street in the heart of Dunbar, was once a rundown nightclub and drug den. Today, it is the hub for The Q's

diverse youth programs. Founded in 1990 when it served only eight children, The Q now provides 300 children with early learning, after school, teen leadership and summer camp programs.

"The physical transformation of our facilities has been the catalyst for community renewal," said Quality Life Center Founder and Executive Director Abdul'Haq Muhammed. "This new fundraising campaign will take our mission and impact even further."

The current \$1.5 million capital campaign will fund the expansion of The Q's 17,000-square-foot center. The raised funds will increase the number of at-risk

youth who can be served, and introduce new nutrition and job training programs.

The Elizabeth K. Galeana Foundation jump-started the campaign by making an initial \$500,000 donation. In addition, the foundation has also issued a challenge grant to the greater Southwest Florida community. It will match new gifts dollar for dollar up to a second \$500,000 commitment. If the challenge is met, the campaign will be fully funded.

"When we heard about the good

work being done at The Q, and the extraordinary support being offered by the Galeana Foundation, we knew our bank needed to get involved," said Edison National Bank President Robbie Roepstorff. "We are humbled to make a \$10,000 matching gift, and hope others in our community will step up to match the Galeana challenge."

To make a matching donation or learn more about the project, visit www. qualitylifecenter.org or call 333-2100.❖

#### **Superior Interiors**

# Are You Tired Of Your Living Room?



by Barb Cacchione

aybe it's time to redecorate. Sprucing up a "tired" living room will definitely give your spirit a lift. But, where do you start?

Well, as the song says, "Let's start at the very beginning."

And the beginning for any new decorating project is the creation of a master plan – one that will help guide you through all the decorating decisions you'll be making over the coming months.

First of all, determine how much you are interested in investing in your project. This figure will be a great help to you as it will guide all your decisions. Should you buy new furniture, flooring, draperies, lamps, accessories? Or can you keep some pieces, buy a few new, and spruce up what you're keeping.

Once you've established a figure you're comfortable with, then it's time to take an inventory of your room – an inventory with a critical eye. This is where the help of a professional decorator is so very important.

Take a look at your room. What is it used for? How much traffic does it get? It is a sanctuary or a room that will

welcome many guests? How is the room's lighting? Do you like your current furniture arrangement? Do you need to change the wall color or treatment? Are your window treatments dated? These questions and many more can go on and on. By sharing your thoughts with a professional, you'll definitely be on the right track – both with your ultimate decorating decisions and your budget.

After you've answered these critical questions, you can begin making some firm decisions about the four major elements in the room – flooring, walls, windows and furniture.

Flooring options are wide and varied. If new carpeting is in your plan, remember that it will provide your room with the greatest expanse of color.

Wall option selections – whether papered or painted – will give the room its excitement and splash.

Window treatments can either take center stage, or be a soft backdrop to your entire design plan. There is nothing, dollar for dollar, that can do more for a room than a beautifully designed window treatment.

Furniture – whether wood or upholstered, besides offering you beauty and comfort, it will also help pull all your design elements together when blended well with flooring, wall and window treatments

With our master plan leading the way, decorating your tired living room should become a real pleasure.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindecden.com.☆





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Asking price is \$1,295,000



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## Philanthropy Discussed At Chamber Lunch

olisano Children's Services Chief Administrative Officer Armando Llechu was the guest speaker of the Sanibel and Captiva Islands Chamber of Commerce business luncheon on November 14 at 'Tween Waters Inn. Llechu discussed the benefits for children at the Golisano Children's Hospital of Southwest Florida, thanks to the generosity of Sanibel and Captiva residents and businesses.

Ninety-two patients were moved without incident since the hospital's official move date on May 10, 2017. "We are blessed that after that move, we were without incident after 90 days and beyond," said Llechu. As of September 30, 2017, the hospital admitted 4,377 patients and had 30,038 emergency visits, of which 11 percent were children who had to be admitted to the hospital.

"The Neonatal Intensive Care Unit that serves children with critical needs wouldn't have been built without our Sanibel-Captiva families," said Llechu. The hospital is home to the region's only state-designated Regional Perinatal Intensive Care Center, which has achieved the number one ranking in the state based on the outcomes of premature infants.

The luncheon sponsor was Adventures in Paradise Outfitters.



Armando Llechu

photo provided

located in Tahitian Gardens shopping

The next chamber luncheon will be hosted by The Sanctuary Golf Club and sponsored by RS Walsh Landscaping with entertainment provided by BIG ARTS. Reservations are required and can be made by calling 472-1966 or online at www.sanibel-captiva.org.☆

## Rotary Clubs Help Fund Edible Urban Forest

submitted by Shirley Jewell

anibel-Captiva Rotary is participating in a Rotary \$23,000 grant to the Pine Manor Improvement Association for the development of an edible urban forest. The project is an extension of the Pine Manor Community Garden. The food forest will be located across from the main garden on 10th Avenue, and will consist of two contiguous lots with a total of 11,500 square feet (.26 acres). The grant is a collaboration of five local Rotary Clubs that contributed \$11,500, and was matched by a Rotary District 6960 grant of \$11,500. The Rotary clubs involved include the Rotary Club of Fort Myers, Fort Myers South, Fort Myers Sunrise, Fort Myers Sunset and the Sanibel Captiva Rotary Club.

The Pine Manor Improvement Association is embarking on the project to inspire the Pine Manor Community to gather together, plan and grow their own food, improve local food security, provide educational opportunities and to help rehabilitate the neighborhood. The area where the urban forest will be located has been an overgrown eyesore, but it will soon be a bright spot in the neighborhood - a lush and tame jungle loaded with sweet fruits and vegetables, roots, medicinal herbs and flowers, butterflies and bees.

Edible urban food forests reflect the principles of permaculture, a holistic philosophy that borrows freely from ecology, landscape design and sustainable agriculture, but differs in its distinct emphasis on the value of mimicking natural ecosystems. Mutually beneficial plant relationships are cultivated by growing multiple crops in the same location at the same time, much like they would in a diverse, productive forest, except that everything is edible. Residents can participate in the Pine Manor culinary kitchen and learn new skills in preparing healthier meals as well as obtain a food handler certificate. Produce from both the community garden and food forest will be utilized in the culinary classes. By obtaining a

food handler certificate, residents are prepared to work in the hospitality industry of Lee County.

"The Food Forest is built to emulate a real forest, only we will fill it with the food plants and trees that we want," said Robin Gretz, board member of the Pine Manor Improvement Association, a Rotarian with the Sunrise Rotary Club and garden manager. She added, "The Food Forest has the potential to produce 2,000 pounds of food per year."

To prepare the property for planting, the area has been graded and the tree stumps have been removed. Mulched debris from Hurricane Irma is being deposited on the site and will be used as compost. Irrigation and fencing will need to be installed, and an asphalt pathway will connect the forest with Lee County's Hunter Park. Funds will also be used to purchase signage to identify plants and recognize donors. Four benches will be purchased for residents to relax and enjoy the natural beauty of the food forest. Construction on the project began in September. Sponsorship opportunities are available for community members to donate a tree or a bench.

About the Pine Manor Improvement Association

The Pine Manor Improvement Association is a private non-profit agency that provides services to approximately 3,000 children and families that are at risk in Southwest Florida. A community garden adjacent to the community center was begun four years ago. The community garden has provided residents access to fresh, healthy food. The association has been active in the community for more than 30 years and has been designated a 501(c)3 charitable organization for over 10 years. For more information visit http://www.pmiafm.org/.

Rotary brings together a global network of volunteers dedicated to tackling the world's most pressing humanitarian challenges. Rotary connects 1.2 million members of more than 35,000 Rotary clubs in over 200 countries and regions. Their work improves lives at both the local and international levels, from helping families in need in their own communities to working toward a polio-free world. For more information, visit Rotary.org.☆

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## Rec Center



Rachel, Liam and Paul Tritaik at the 2013 New Year's Eve party

photo by Jeff Lysiak

center is literally one of our town's busiest hubs bustling with activity and vibrant citizen interaction every day. The consistent enthusiastic commitment to fitness, social interaction and well being found at our recreation center reflects the values of our residents.

Tim Barrett, training officer for the Sanibel Fire Rescue District, talked about some of the things Sanibel Rec has done to help the department, including allowing them to use the pool for swim training.

"We conduct swim training every six we contact swift training every six months, once in the gulf for open water skills evaluation and then in the pool for swim technique review," said Barrett. "We conduct blood pressure checks the first Monday of every month at the rec center. This gives us a chance to spend some non-emergency time with the citizens and visitors to Sanibel.

Opened to the public on December 1, 2007, the Sanibel Recreation Center was built at a cost of \$14.6 million, approved through a referendum vote by more than 70 percent of Sanibel voters. The project was funded by the city, along with \$3.2 million provided by the Lee County Board of Commissioners and \$1.6 million from the Lee County School District.

After Hurricane Charley severely damaged the city's former facility in 2004, work began to construct a building that could withstand hurricane-force winds

of up to 150 mph. Members of the rec center project team included the city's Chief Building Official Harold Law, then Director of Recreation Helene Phillips, architect Henry Woodroffe and contractors Peter Vargas, Stewart Pope and Frank

Barrett also shared a funny story from his experiences at the facility.

"One of my favorite memories is when we signed up for swim lessons from Coach Kurt (McIntyre), and all of the elite Sanibel Fire 'rescue Swimmers' pretended to only know how to doggy-paddle, which made the coach a little nuts," said Barrett.

Since opening, the facility – including

an 86,000-square-foot main building – has hosted literally thousands of daily, weekly, weeklong and one-time classes, programs, camps and events for the community to participate in. The campus contains facilities for swimming and aqua jogging, a wade pool, weightlifting, treadmills and spinning, tennis, pickleball, basketball, volleyball, archery, skateboarding, yoga, aerobics, Zumba, Pilates and other fitness amenities. It also contains a game room for teens, a playground for youngsters and meeting rooms which serve the entire community.

For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.\\$



The Sanibel Recreation Center opened to the public on December 1, 2007 photo provided



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## Island Inn Title Sponsor Of Luminary Stroll



Chris Davison

photo provided

sland Inn has been named the title sponsor of the 33rd annual Luminary Holiday Stroll. Luminary bags light the way to various landmarks, where festivalgoers stroll the islands for activities, snacks and refreshments.

'Luminary is really a kick-off to the holiday season that helps bring the community together," said Chris Davison, general manager at Island Inn. "We sponsor events like Luminary in the hopes of benefiting all in our island communities, the place we love to live and work.'

We are grateful for the support of the Island Inn," said Sanibel and Captiva Islands Chamber of Commerce President John Lai. "They are longtime, active chamber members and a wonderful part of this community.'

Gather friends and family for the Luminary Holiday Stroll from 5:30 to 9 p.m. on Friday, December 1 on Sanibel and Saturday, December 2 on Captiva. Sanibel's Luminary stretches from one end of Periwinkle Way to the other and offers a multitude of choices along the way. Luminary on Captiva spans Captiva Drive and Andy Rosse Lane with plenty of treats at various businesses.☆

## City Regulations For Holiday **Decorations**

s a reminder to Sanibel home owners and businesses, holiday Adecorations, lighting and displays which are clearly incidental, customary and commonly associated with any national, local or religious holiday are permitted beginning the day before Thanksgiving, Wednesday, November 22 through January 9 per Sanibel Code of Ordinances, Section 106-3.

Beginning January 10, all holiday decorations, lighting and displays which are clearly incidental, customary and commonly associated with any national, local or religious holiday are not permitted.

For more information regarding holiday lighting and decorations, contact the City of Sanibel Code Enforcement office at 472-4136.☆

## Bank Sponsors Rec Center Anniversary



Members of the Sanibel Captiva Community Bank are joined by Sanibel Recreation's Financial Assistance program coordinator Barry Roth last week as the 10th anniversary of the Sanibel Recreation Center approaches next week. From left, Ruda Hamer, Mona Strasser, Barry Roth, Gabriela Bell, Craig Albert, Sheri Prange and David Wright.

photo by Jeff Lysiak

## Trust Company Supports Rec Center



Lending their support for the 10th anniversary celebration of the Sanibel Recreation Center are employees of the Sanibel Captiva Trust Company, from left, Steve Greenstein, Robin Cook, Frances Steger, Gail Latino and Dick Pyle, along with Sanibel Recreation's Financial Assistance program coordinator Barry Roth photo by Jeff Lysiak

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Mary Lou Bailey 472-5187 x 246



- 2 BR / 2 BA end unit w/large side window
- Nicely updated & with open floorplan
- Great second home or investment condo
- Under building parking & owner pets allowed
- \$715,000 (2171062)

Lynda Traverso 472-5187 x 226



- Fully renovated 3BR, 3BA pool home
- New kitchen & baths in 2017, tile throughout
- Steps to beach access, adjoins conservation land
- Impressive lower level storage, oversized lot
- \$1,395,000 (2171024)

Jim Hall 472-5187 x 215



- Beautifully updated 1/1 ground floor
- New kitchen, bath and all furnishings
- Gorgeous tile plank floors
- Already a requested unit at Sundial
- \$469,000 (2170681)

Cathy Gerasin 472-5187 x 236



Beach Villa

- 1 BR, 1 BA
- South Seas Resort
- Great Rental Income
- Near Captiva Village
- \$495,000 (2170564)

James & Penny Hetmanek 472-5187 x 219/202



- Large 5BR/3BA Sanibel Duplex
- Left side 1BR/1BA
- Right side 4BR/2BA + den
- Great investment income opportunity
- \$575,000 (2170829)

Jayne Lumley 472-5187 x 237



- 4 BR/3.5 BA with over 4,000 sq ft of living space
- First floor Master Suite w/sitting area & his & her closets
- Travertine & wood flooring also 10 ft ceilings
- Gourmet kitchen with island and walk-in pantry
- \$1,299,000 (2161313)

Debbie Ringdahl 472-5187 x 269



- 2 bed 2 bath + den
- Excellent rental history
- Weekly rentals allowed
- Priced at \$1,050,000
- \$1,050,000 (2170655)

David Schuldenfrei 472-5187 x 227



- 2.5 BA/2 BR + Den Corner Unit
- Fantastic West Gulf Location
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Fred Spring 472-5187 x 284



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**Connie Walters 472-5187 x 229** 



- Awesome 75' x 10' dock
- · Located on direct access canal to gulf
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Judy Reddington 472-5187 x 331



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Susan Dunn 472-5187 x 238



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## Are They Grateful?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Tthought I'd put a different twist on Thanksgiving weekend - rather than asking what we're grateful for - by wondering whether our family will be grateful for what we leave them in

Thanklessness is part of the job of being a parent, we all know that. My personal experience is that my three daughters are awesome, and I'm very proud of them. I also believe that they are grateful for the upbringing that my wife and I provided

Yet they really don't know, or perhaps fully appreciate, the difficulty and effort it takes to raise them; to provide for essentials

like food, clothing and shelter, a positive home that provides the foundation for excelling in school, and finally, supporting them through the college years.

But that's not their job. Theirs will come when they raise children of their own. A pay it forward sort of thing.

But when it comes to estate planning and inheritance, that's where it gets tricky for many of us. We want to leave what we can to our children and grandchildren, but we also don't want to take away ambition and drive. Because I practice estate planning law for a living, I've witnessed fights over inheritances that tore families apart. We certainly don't want that to occur.

I've seen many children sincerely advise their parents to spend every last dime of the assets on themselves. "Whatever you happen to leave me will be just fine," they commonly say. "I want you to enjoy your golden years and everything you worked hard

It's not uncommon for these families to be open about their finances, obstacles and expectations. As many individuals live longer lives, healthcare and related expenses tend to consume more of the estate than happened a generation ago. Nevertheless, it's nice to see unselfish offspring who are truly interested in their parents' well being.

I've also seen the opposite, where children harbor expectations about a future inheritance, sometimes even spending much of it before it's in hand. It's hard to say how such expectations arise or whether it's the fault of the parents themselves or that of their offspring. It is evident, however, that when such expectations exist, tensions rise. Parents worry that if they should become incapacitated, the coyotes could raid the

This is where an estate plan is so important. Many don't realize that they have options beyond naming their adult children as successor trustee to the revocable trust, or as an agent under a durable power of attorney. Those legal documents give the named individual immeasurable power over assets. While they are supposed to act in the best interests of their loved ones who entrusted them with these powers, there is no court to supervise what goes on. By the time any malfeasance is discovered, it's too late.

That's where it might make sense to consider independent parties such as a bank or trust company to serve as trustee. You can always name a trusted loved one to serve as a co-trustee, but by including a professional, problems such as those described here are much less likely to occur.

I've written a new book on the important subject of selecting your trustee of your revocable trust, where I address all the many choices, including the advantages and disadvantages associated with each. The selection of who you wish to serve in these important roles can make all the difference whether the administration of your estate

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You can have the best documents drafted by the best attorney in the world, but if you don't have the right parties administering those documents when you become disabled or upon your death, then it may not matter.

If you're interested in picking up a free copy of my book, email me or call my office. It might make some interesting conversation around the Christmas tree in a few weeks! ©2017 Craig R. Hersch. Learn more at www.sbshlaw.com.

## FISH To Host Seminar And Luncheon On Crime Prevention

NSH of SanCap is hosting a Crime Prevention — Scams and Safety seminar on Thursday, December 7 from 11:30 a.m. to 2 p.m. at St. Michael & All Angels Episcopal Church. Reservations are requested by December 4 by calling 472-4775. Lunch will be provided.

People can easily become victims to many active scams including banking, health care information, housing, mortgage, Internet, mail, mass marketing and telephone. Your best protection is to never share your personal information with anyone you do not know. Being safe in your home and in your community is imperative to your health and

Sherry Young from the Area Agency on Aging of SW Florida and Lieutenant Grace Towler of the Sanibel Police Department will share information about how to protect your identity and secure your environment at the seminar.

Lieutenant Towler, a new Sanibel resident, is a 10-year veteran of the Sanibel Police Department and has led crime awareness and cyber safety presentations for more than four years. "I encourage everyone to attend the presentation to learn about preventive measures, observations and reporting, residential and vehicle security awareness.

Young, elder abuse prevention coordinator as well as health and wellness coordinator for the Area Agency on Aging, brings nearly seven years of experience delivering presentations to various community groups, professional organizations, financial institutions and businesses throughout Southwest Florida. Young brings her passion for protecting older adults from abuse, neglect and exploitation.

There will be brochures available and the speakers will conduct a question and answer

Saint Michael & All Angels Episcopal Church is located at 2304 Periwinkle Way.

## **Nominations** Sought For Alumni Awards

Norida Gulf Coast University's Alumni Association is accepting nominations for its annual Alumni Awards. Deadline for submission is Friday, January

Since 2004, the FGCU Alumni Association has recognized outstanding graduates for their professional accomplishments and dedication to their communities and their alma mater.

Alumni are invited to enter nominations in two categories. Alumni of Distinction, the most prestigious award the association bestows, honors graduates who have upheld the university's tradition of excellence

through personal accomplishments, professional achievements and service to their communities. Last year's winner was Edward A. Morton, who earned a master's degree in health science from FGCU in 2009 and serves on the Board of Governors of the Florida State University System.

The other award category, Soaring Eagle, recognizes graduates from each college (within 10 years of graduation) for outstanding achievement or service in their professional or volunteer life.

Winners will be recognized Friday, February 16 at 6 p.m. during the Alumni Award Celebration at FGCU.

Nominations must be submitted online at www.alumni.fgcu.edu/alumniawards. Alumni may nominate themselves or be nominated by someone else.

For more information, contact Kimberly Wallace, director of alumni relations, at 590-1087 or kwallace@fgcu.edu.☆



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The Sanibel Captiva Trust Company members, top from left, Robin Cook, Lori Mobley and Steven Greenstein; center, Frances Steger; and front left, Richard Pyle with Bailey-Matthews National Shell Museum Executive Director Dorrie Hipschman photo provided

## Trust Company Continues Support For Museum

he Sanibel Captiva Trust Company has been a long-standing partner of the Bailey-Matthews National Shell Museum through its support of various educational programs and events.

We are proud to sponsor many of the wonderful things done at the Bailey-Matthews National Shell Museum," said Sanibel Captiva Trust Company Founder and Chairman Al Hanser. "The museum's array of programs provides an excellent way for residents and visitors to become better acquainted with our beautiful islands, as well as appreciate the museum's work and research."

The Bailey-Matthews National Shell Museum is a rare find. It is the only museum in the United States solely devoted to shells and the mollusks that create them. This accredited natural history museum is home to world-renowned malacologist José H. Leal, PhD, marine biologists and highly educated volunteers who are

passionate about the study of shells, mollusks, and protecting the ocean's amazing biodiversity. Among its many educational programs, the museum offers school programs, community outreach programs and daily beach

For the 14th year, the Sanibel Captiva Trust Company will be the presenting sponsor of the museum's Under the Sea gala, which will feature dinner, signature cocktails and surprises about shells and mollusks. Under the Sea is scheduled from 5:30 to 9 p.m. on Saturday, February 3 at The Community House.

Additionally, the trust company and the museum will partner to create an exclusive evening event next spring. The trust company will also be the museum's sponsor of the month in February.

"Sanibel Captiva Trust Company continues to be a very generous partner to the museum," said Bailey-Matthews National Shell Museum Executive Director Dorrie Hipschman "We are grateful for their invaluable support of our museum and our community."

For more information on the museum or tickets to Under the Sea, call Melanie Moraga at 395-2233.☆

## Shell Point App Seminar

hell Point Retirement Community will host Living to 100: Is There an App for That? at The Village Church Auditorium on Monday, December 4 from 2:15 to 3:30 p.m. The educational seminar is free and open to the public.

During the seminar, guests will discover how to live life to the fullest with a meaningful, financially rewarding, healthy and secure future. Shell Point will welcome leaders and motivators in the health and wellness, financial and estate planning, and senior living industries as

they prepare attendees for living the most rewarding life to the ripe age of 100.

Presenters include Dr. Sal Lacagnina, vice president of health and wellness for Lee Health; Paul Weinstein, CFP and Nadine Wilkes, CFP, of Weinstein Wilkes Financial Group, an independent firm of Raymond James Financial Services, Inc.; Craig Hersch, estate planning attorney with Sheppard, Brett, Stewart, Hersch, Kinsey & Hill PA; and Ronette Icso, vice president of sales and marketing for Shell Point Retirement Community.

To learn more or to register, contact The Legacy Foundation at Shell Point by calling 466-8484 or visiting www. shellpoint.org.☆

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#### **ISLAND SUN BUSINESS NEWSMAKERS**

## Top Producers









David Liebetrau

he top producers at the Royal Shell Real Estate Sanibel/Captiva office during the month of October were: McMurray and Nette Team, top listing producers team; David Liebetrau, top listings producer individual; McMurray and Nette Team, top sales producers team; and Cindy Sitton, top sales producer individual.

## Agents Join Firm

moved to Southwest Florida in 2009.



Robin Suslick



**Robin Coleman** 





Alan Fisher

Karen Borelli

Your new realtors have joined the team at John R. Wood Island Real Estate. They are: Robin Suslick, Robin Coleman, Alan Fisher and Karen Borelli. Suslick and her husband sold their businesses in southwest Wisconsin and

Originally from Minneapolis, Minnesota, Coleman spent the first part of her career teaching and coaching in South Texas.

Fisher is a New Orleans native who moved to Sanibel in search of a better

Borelli is among three percent of realtors designated as a Certified Real Estate Specialist.₩



## Vietnam Series May Trigger PTSD For Some Vets

by Dan Perkins, reprinted with permission of NewsMax.com

BS began airing a mini-series on the Vietnam War recently. The Veterans Administration issued a release that they were concerned the show may increase the risk of PTSD among veterans. The series has 18 episodes, and I have already heard from a number of Vietnam veterans about the series. Several radio stations have called me about the impact the series might have on war vets. For information, I'm co-founder of a 501(c)3 non-profit foundation called Songs and Stories for Soldiers, LLC. Ours is a free program designed to assist all veterans suffering from Traumatic Brain Injury (TBI), Post Traumatic Stress Disorder (PTSD), Sleep Deprivation and Suicide Prevention.

Our program is currently used in 71 veterans hospitals, community-based clinics, vet centers and homeless shelters. We help in the treatment of our veterans through an MP3-based system that provides both entertainment and sleep therapy. Our website, Songsandstoriesforsoldiers.us, has very robust content for the veteran to download for free. We have over 3 million songs, 100,000 plus audiobooks and over 30,000 old time radio shows, as well as over 24 hours of specific sleep music. The website gets around 32,000 hits per month.

Why am I telling you about this? I have concerns based on emails and phone calls from veterans about the impact the PBS series might have on them and other vets. As a fellow veteran, I want to reach out to my brothers and sisters and say that if this Vietnam series makes you uncomfortable or brings to the surface memories you have worked very hard to suppress, I want you to go to the website and register and download one of our sleep audios. I know bad memories cannot be discarded by just changing the channel.

A veteran can change the channel, but he can't turn off the images of what he or she has experienced. The Veterans Administration tells us that as many as 30 percent of the people who served in Vietnam or in more current wars have PTSD. I think the numbers are perhaps more. Specifically, the VA

also reports that 27 percent of women vets who served have PTSD.

Within the last year, the Veterans Administration has released the suicide rate for men and women. It states that male veterans kill themselves four times greater than their civilian counterparts. More shocking in this report is that women vets kill themselves 12 times more frequently than female civilians.

Recently, I had an unscheduled radio interview on a DC radio station. The host wanted to know if I had heard any reaction to the series. I said I had emails and phone calls from vets who were concerned about their own as well as other veterans' responses to the show. The host told me that he had a similar reaction and that some callers to his show raised concern about a possible spike in suicide attempts.

After watching the series preview, something struck me when I heard the comment, "It's been at least 25 years and now would be a good time to review what happened during the war." I'm not a historian, but I have spent lots of time with Vietnam vets. I'm not sure enough time has passed to reopen those wounds. The men and women in America who served in Vietnam are in their 60s, 70s or 80s and they still have strong memories of how we treated them when they came home. The vet centers that were specifically set up after the war to deal with combat veterans who served in Vietnam are now, after over 40 years, still in use today for veterans from the Gulf, Iraq and Afghanistan wars.

Sometime ago, Michelle Obama was reported as saying that nothing America has done in her adult life has made her proud of her country. America was not proud of our men and women who served in the Vietnam War. The way our returning soldiers were received when they came home caused just as much pain as losing a limb. The body and mind can never forget what has been lost to it.

We asked these men and women to go away and serve our country. Their reward was a Jane Fonda spit in the face and being called baby killers. Last fall, I had the opportunity to listen to a discussion between two veterans. One fought in the Vietnam War while the other fought in Afghanistan. Most civilians might find it hard to understand the discussion. The Vietnam vet first said to the Afghan vet, "You had it a lot harder than me." The Afghan vet replied, "How is that?" "I did a 13-month tour in Vietnam and then

continued on page 23B

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The Sanibel Captiva Trust Company

## Plan Ahead For Unique Assets



by Steven V. Greenstein, JD, CTFA Wealth Services Advisor

ince 2012, the Office of the Comptroller of the Treasury has conducted an annual analysis of estates filing income tax returns, and it comes

as no surprise that the dominant asset class owned by decedents was "liquid assets' such as cash, stocks, bond and mutual funds. What is surprising is that every year those liquid assets comprise only about half of the value of each estate. The other half of the estate is comprised of "unique assets," and there is a long list of what meets that definition. The predominant unique asset is real estate, but the rest of the list also includes closely held businesses, farms, ranches, oil, gas and mineral rights, hedge funds, wine collections, guns, intellectual property, boats, and collectibles such as cars, coins, stamps, jewels, furs, sports memorabilia, antiques and precious metals.

The noteworthy lesson learned from that data is that for high net-worth individuals, unique assets equal liquid assets in their importance and popularity, but so often estate planning centers its focus on the liquid assets alone and can ignore the hidden half of a client's wealth. While the

foundation of collecting these unique assets over a lifetime can be highly personal, so too is the process for planning for their disposition during lifetime or upon death. The fact that these unique assets are more difficult to sell than liquid assets makes it essential that you diligently plan for their

While the default position for many owners is to do no estate planning for their unique assets, it is the most expensive choice in terms of administration, and the least desirable choice in terms of finding a family member who shares your passion for those assets. For those who want to plan, the first step is to identify and talk to your potential heirs about their interest in your unique assets and then put a strategy in place for the most tax-advantaged way to transfer them.

Selling your unique assets prior to death is also an option, but bear in mind that it can include sales commissions, insurance, shipping and/or storage costs and sales tax, and is also compounded by the fact that you could incur (depending on valuations) a high capital gains tax liability. Selling the unique assets after death could eliminate the capital gains tax issues because the cost basis is "stepped-up" to the fair market value at date of death. But the tradeoff is that the entire appraised value of the unique assets would be included in your estate for estate tax purposes. In addition, sales of unique assets conducted after death can often create a lower perceived value and attract buyers looking for bargains.

Another estate planning choice is to donate your unique assets to a charitable organization during your lifetime and

claim an income tax deduction of up to 30 percent of your adjusted gross income (AGI) based on the asset's value at the time of the gift. Donating the same assets to charity at your death provides an estate tax deduction equal to the date-of-death

As you begin to outline strategies for

the transfer of your unique assets, it is always best to consult with your estate planning professionals to help provide guidance, expertise, tax planning and experience to ensure an outcome that meets your individual goals. Every unique asset is, well, unique – and so is every plan to manage them.  $\mbox{\ensuremath{\mbox{$\mbox{}\mbox{$\mbox{}\mbox{$\mbo$ 

Sanibel Island Golf Club

## Women's Club Kicks Off Season



Taking home prizes were, from left, Judy Maurer, Barbara Egan, Mary Jane Bolon and Rosemarie Stanek

ith the start of the season, Sanibel Island Golf Club (SIGC) starts another great season of league play. The women kicked off their season with an Opening Day Scramble. All the players were looking forward to getting the season rolling, and the club was excited to get the back 9 open following the clean-up after Hurricane Irma. After play, the ladies had lunch at the Blue Coyote. And as SIGC pro Gene Taylor announced before play, today wasn't about the score. It was about getting back together and enjoying a day together on the course.

Please join us

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Kathleen Johnson **CPA** and Shareholder Miller, Helms, & Folk Tax Accounting



Lowell Schoenfeld **Board Certified Wills, Trusts,** and Estates Attorney Green Schoenfeld & Kyle Attorneys at Law Office in Ft. Myers, FL



Jack Thomas **Managing Director &** HighTower Advisors / Thomas & Swartz Wealth Management



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1040 Sand Castle Road 239.464.2984 Burns Family Web ID 217069019 \$578,000



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2791 Teal Court 239.560.2742 Russ Crutchfield Web ID 217036311 \$1,099,000



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SANIBEL AND CAPTIVA







#### 1. Near Gulf Wiles Drive-Captiva

- 4 BR/3 BA home with guest house, 1 block from the beach
- · Conveniently located near Captiva village
- \$1,495,000 EUR €1,281,287

#### 2. Cottage Colony West - Sanibel

- 1 BR/1 BA direct Gulf front remodeled unit
- Community tennis, swimming pool
- \$659,000 EUR €564,795

#### 3. South Seas Beach Home - Captiva

- · 4BR/3BA perfect for daily sunsets
- · Fully upgraded, private deck, steps from the Gulf
- \$3,445,000 EUR €2,952,532



- 4 BR/3.5 BA with expansive Gulf views
- Featuring 157 ft of beach frontage AND a boat dock on Roosevelt Channel
- \$3.999.000 EUR €3.427.337

#### 5. Sanibel Bayous - Sanibel

- · 3 BR/3 BA with deeded beach access & large screen enclosed pool
- · Bright open floor plan with soaring ceilings, wood floors
- \$649,900 EUR €556,995

#### 6. 3 BR/3.5 BA on West Gulf Drive - Sanibel

- · Steps to the Gulf, swimming pool, beach access
- · Newer construction, large open kitchen
- \$1,297,700 EUR €1,112,191













#### 7. Golf Course and Lake Views in the Dunes - Sanibel

- 3 BR/2 BA updated pool home in near beach community
- Open kitchen, new cabinets, SS appliances, granite countertops
- \$850,000 EUR €728,491

#### 8. Gulf Access Canal Home - Sanibel

- 3 BR/3 BA, on navigable canal
- · Boat dock and lift. Gulf access
- \$1,249,000 EUR €1,070,453

#### 9. Heart of Captiva Village; "Belle Mar"

- 5 BR/ 5.5 BA stunning courtyard pool home
- · Concrete construction, steps to the beach
- \$2,599,000 EUR €2,227,469



- 5 BR/4.5 BA remodeled home on navigable canal
- · Unique, charming, private with swimming pool
- \$1,149,000 EUR €984,748

#### 11. Captiva Village Haven

- 3 BR/2BA surrounded by lush landscape
- · Very close to beach and village amenities
- \$1,049,000 EUR €899,043

#### 12. Near Beach Lakefront Home - Sea Oats Sanibel

- 3 BR/2 BA only a short walk to the beach access
- · Turnkey furnished, updated throughout
- \$685,000 EUR €587,078









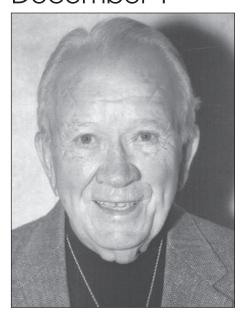
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The late Hugh Thimlar photo courtesy www.hoopshall.com

To honor his years as head coach of the team, Florida SouthWestern State College will host a reception to recognize all he has done for the college. The reception will be held prior to the FSW men's

basketball game against Santa Fe State College at the Suncoast Credit Union Arena on Friday, December 1 from 1 to 5 n.m.

"People need to remember that, back in those days, there were no other sporting events for residents to attend, so basketball at our institution was a big deal," said Joe Turner, director of institutional promotions and development. "Coach is a legend in this area, and we are gathering many of his former players together for this special reception to honor him."

Coach Thimlar was the first basketball coach at the school when it was then known as Edison Junior College and served the institution from 1966 to 1992. In that time, he amassed a record of 413 wins against 338 losses. His teams included five All-Americans, 21 players in the Florida Community College All-Star Game, and 90 percent of his college players continued education after attending Edison

In 2008, his native Indiana named him to the Indiana High School Basketball Coaches Hall of Fame and, in 1991, he was selected for the Florida Community College Basketball Hall of Fame.

During the reception, the Coach Hugh Thimlar Scholarship will be launched to help future generations of Buccaneers achieve their academic goals. For more information, call 489-9432. For ticket information for FSW athletics, go to www.fswbucs.com.

## Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

The Center 4 Life will be closed Thursday, November 24 and Friday, November 25 in observance of the Thanksgiving holiday. Activities will resume Monday, November 27.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast. net or contact the center. The next book discussion will be held on Wednesday, December 13 at 2:30 p.m. The featured book is *The Gentleman from Moscow* by Amor Towels.

Island Seniors, Inc. Annual Members Meeting - Friday, December 8 at 11:30 a.m. All Center 4 Life members are invited and encouraged to attend. You will learn about the center's many activities throughout the year, the financial standing, and the center's representatives will provide an update regarding the Center 4 Life building. The meeting will be held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Sign up in advance.

Walking Guided Tour of ECHO and Lunch at Farmers Market Restaurant – Tuesday, December 12. Cost is \$12 for members and \$17 for non-members. ECHO's Global Farm Tour is a fascinating guided, walking tour of this creative working farm. Along the way, you will find unique demonstrations, plants and techniques useful to farmers and urban gardeners in developing countries. Experience the seven settings of the Global Farm which feature crops, techniques and animals from around the world. Goats, chickens, ducks, fish and rabbits are all found on the farm.

ECHO is home to one of the largest collections of tropical food plants in the United States. There will be demonstrations in the Urban Garden, a perennial favorite, which features some wacky, yet effective ways to grow crops where there is little or no soil.

Lunch is on your own at Farmers Market Restaurant in downtown Fort Myers. Advanced registration is required. Carpool arrangements will be made for transportation.

#### Games

Cost for all games is \$2.50 for members and \$5 for non-members.

Prizes will be awarded.

**Bridge** – Monday and Wednesday. Registration begins at noon; the game begins at 12:30 p.m.

begins at 12:30 p.m. **Mahjongg** – Monday and Thursday at 12:30 p.m.

**New: Rummikub** – Tuesday at 1 p.m.

Hand & Foot – Thursday at 12:30 p.m.

New: Canasta – Thursday at 12:30

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays – November 28 and December 5 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

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## Health Leader Installed To State **Board Of Trustees**



Larry Antonucci

photo provided

arry Antonucci, MD, MBA, Lee Health's president & CEO, was recently appointed and installed to the 2017-18 Florida Hospital Association's (FHA's) Board of Trustees. Through representation and advocacy, education and informational services, the FHA supports its membership of

more than 200 hospitals and health care systems throughout the state to provide the highest quality care to patients they

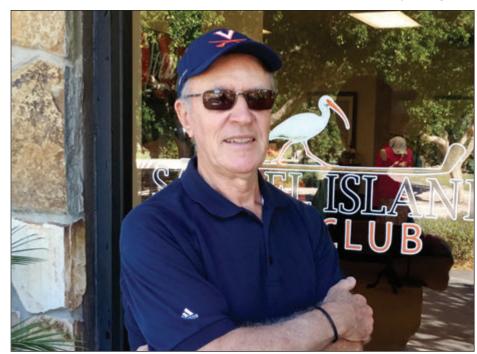
Dr. Antonucci has nearly 35 years of leadership experience - both as a practicing obstetrician/gynecologist (OB/GYN) and as a health care executive

In 2007, Dr. Antonucci joined Lee Health as chief administrative officer for Cape Coral Hospital. By 2009, he was appointed chief operating officer of hospital services for the health system and assumed responsibility for physician services in early 2010. In October 2011, Dr. Antonucci was named chief operating officer for the health system, and assumed the role of president and chief executive officer in June 2017.

Prior to joining Lee Health, Dr. Antonucci was a well-respected, practicing OB/GYN for 24 years. In 1983, he co-founded Physicians Primary Care (PPC), a large, multispecialty group practice in Lee County, and served as its managing partner for many years.

"I am proud to serve on the FHA Board of Trustees," Dr. Antonucci said. "It is an honor to join other health care leaders in advancing the mission and vision of the FHA. It is important to me, and to Lee Health, that I have a role in the continued advocacy for the resources necessary to provide high-quality, affordable health care throughout our state.

For more information, visit www.fha. org.₩



## Vice Mayor Hits Hole In One

he usual Saturday Men's League at Sanibel Island Golf Club will see a few good shots, a few bad shots and a bucketful of others. But on November 18, it was a perfect shot, a hole in one. Sanibel Vice Mayor Mick Denham aced the 6th hole from 120 yards away. This

photo provided

was Denham's first hole in one.

Unfortunately, Denham and his team couldn't keep it up for all 18 holes. The Men's League played Bird Watcher's Delight, a modified stableford game in which teams earn points for birdies, eagle and double eagles. Coming out on top for the day were Jerry Mader, Rene Lohser and Chape Whitman. The threesome also had help from their blind draw, Bjorn 



## Two Major Sporting Events Coming To Area In Early December

by Ed Frank



There are two major sporting events coming to our area in the coming weeks – both drawing national attention and both drawing huge crowds.

The 29th edition of the QBE Shootout, popularly known as the Shark Shootout, returns to the Tiburon Golf Club in Naples from December 8 to 10 featuring 15 of the top 50 professional golfers in the world.

Then on Monday, December 18, the 45th annual City of Palms Classic, the top high school basketball tournament in the country, begins in Fort Myers at the Suncoast Credit Union Arena on the campus of SouthWestern State College. This week, we will preview Greg Norman's Shark Shootout,

followed by a report on the City of Palms Classic in next week's column.

Twelve two-member teams will compete in the \$3.3 million tournament featuring the returning champion team of Harris English and Matt Kuchar, who will attempt to become the first team to win the shootout three times.

They also won in 2013 and finished second in both 2014 and 2015. Their shootout winnings the last four years total \$1,255,000 each.

Keegan Bradley and Brendan Steele, who were victorious in 2011, are

returning, and Kevin Chappell and Kevin Kisner will pair up for the second year in a row. The remaining nine teams are new to the tournament.

Florida native Lexi Thompson, an LPGA champion, is paired with shootout rookie Tony Finau. She is the first female to play in multiple shootouts. Thompson, 22 years old, and Finau, 28, are the youngest team in the field.

Tournament host Greg Norman, who founded the popular tournament 29 years ago, is proud of the fact that the event has raised more than \$13 million for charitable causes with CureSearch for Children's Cancer being the primary beneficiary.

Norman explained that the criteria for his tournament qualification is based on returning champions playing as a team, the 12 top committed professionals from the final 2017 FedExCup standings and 10 special exemptions, a minimum of four coming from the top 40 on the PGA Tour money list.

The tournament format remains the same as in past years – a scramble in the first round, a modified alternate shot on Saturday and a better ball on Sunday.

Sunday's final round will be televised live on NBC from 2 to 4 p.m. The first two rounds will be carried on the Golf Channel.

In addition to the teams of English-Kucher, Chappel-Kisner, Bradley-Steele and Thompson-Finau, the following are the eight remaining teams: Brandt Snedeker–Bubba Watson; Charley Hoffman-Zach Johnson; Daniel Berger-Gary Woodland; Jason Dufner-Billy Horschel; Brian Harman-Pat Perez; Russell Henley-Kyle Stanley; Sean O'Hair-Steve Stricker; Shane Lowry-Graeme McDowell.

New for this year's event is a Friday night concert by the Ben Allen Band from 5 to 8 p.m. on the Tiburon clubhouse lawn. A family golf clinic will be held Saturday immediately following play. Tickets start at \$25 per day.



The 16th annual Sanctuary Charity Classic will be held January 27

photo provided

## Date Set For The Sanctuary Charity Classic

The Sanctuary Charity Classic will be held on January 27 at The Sanctuary Golf Club. The tournament, formerly known as The Sanctuary Community Golf Challenge, has raised over \$1.5 million in the past 15 years, donating the funds to the Charitable Foundation of the Islands (CFI).

Charlie Sheetz, chairman of The Sanctuary Charity Classic said, "The Sanctuary has been the majority contributor to CFI since the beginning of the foundation from the generous support of The Sanctuary members. Other Sanibel and Captiva residents and businesses sponsor and play in this event. The Sanctuary members maintain a strong, cooperative spirit of neighbors helping neighbors."

There are numerous sponsorship opportunities ranging from the \$7,500 Diamond Partnership, which includes additional rounds of golf, lunch and dinner at The Sanctuary Golf Club to a \$250 hole

sponsorship. All proceeds go directly to the Charitable Foundation of the Islands, which in turn distributes the funds to assist island nonprofit organizations and individual island residents and workers who have experienced hardships such as medical and financial emergencies.

"The Sanctuary Golf Club's members overwhelmingly embraced this event, allowing the course to be closed to just this event. They are exceptionally generous and committed to this fundraiser. The fact that this is the 16th year demonstrates the

dedication from the members to make The Sanctuary Charity Classic successful," said Ken Kouril, chief operating officer of The Sanctuary Golf Club.

The Sanctuary Charity Golf Classic begins at 10:30 a.m. with a brunch followed by a 12:30 p.m. shotgun start. Afterwards, golfers meet at the clubhouse for drinks and hors d'oeuvres, an awards presentation and the popular Helicopter Drop. For more information, contact Andy Phelan, director of golf at 472-6223 or aphelan@sanctuarygc.net.\*

#### **SPORTS QUIZ**

- Mark Teixeira of the New York Yankees retired in 2016 as the fifth-ranked player for career home runs by a switch-hitter (409). Name two of the four ahead of him on the list.
- 2. How many times did Detroit's Ty Cobb lead the American League in doubles and triples in the same season?
- 3. When was the last time before 2016 that Navy's football team defeated a top-10-ranked school?
- 4. Who was that last coach to lead the Sacramento Kings to the NBA playoffs?
- 5. In 2017, Nashville's Frederick Gaudreau became the second player in NHL history to score his first three career goals in the Stanley Cup Finals. Who was the first?
- 6. Five drivers have been back-to-back winners of Daytona's summer NASCAR race. Can you name three of them?
- 7. Name the last women's major tennis tournament before the 2017 French Open to have no past Grand Slam champions reach the quarterfinals.

#### **ANSWERS**

I. Mickey Mantle (536 home runs), Eddie Murray (504), Chipper Jones (468) and Carlos Beltran (421 entering 2017). 2. Three times – 1908, 1911 and 1917. 3. Navy beat No. 2 South Carolina in 1984. 4. Rick Adelman, in the 2005-2006 season. 5. John Harms of the Chicago Blackhawks in 1944. 6. Fireball Roberts (1962-63), A.J. Foyt (1964-65), Cale Yarborough (1967-68), David Pearson (1972-74) and Tony Stewart (2005-06). 7. The 1979 Australian Open.



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## Tennis Event Raises Funds For Mobile Care Unit

ily & Co. Jewelers partnered with International Tennis Hall of Fame Coach Nick Bollettieri and his IMG Academy team to present a tennis event on November 11 at Beachview Tennis

Funds raised surpassed last year and all the proceeds go toward a new Ronald McDonald House Children's Mobile Care Unit, a program that is part of the Ronald McDonald House Charities. The mobile care units travel to schools, community centers and neighborhoods delivering dental care and medical screenings to children. Since hitting the road in Collier County in 2006, the program has provided services to more than 17,000 children.
"We are grateful for the success

of our tennis event and being able to support a valuable organization like the Ronald McDonald House Charities,' said Dan Schuyler, co-owner of Lily & Co. Jewelers and avid tennis player.

The day was highlighted by a Battle of the Sexes tournament featuring Christie "Billie Jean King" Bradley and Toni "Bobby Riggs" Halski. The two played five sets with Halski winning in a tie-breaker.

'We just couldn't think of a more fun way to entertain everyone than with two tennis experts like Christie and Toni portraying the infamous 1973



Christie Bradley and Toni Halski competed in the Battle of the Sexes tournament, with Halski taking the win in a tie-breaker

photos provided

match, which King won in three sets," said Schuyler. "It was an exciting part of the dav.

Bollettieri and his IMG Academy team will return next year on Saturday, November 10.

The day was made possible by the following sponsors: Ed Bolter of Lamar Outdoor Advertising: Dr. Marius Espeleta, Pediatric Medicine; Skip Leonard of The Lee Health Foundation;



From left, Lily & Co. Jewelers owners Dan Schuyler and Karen Bell with Hall of Fame Tennis Coach Nick Bolletieri and Beachview Tennis Club owner Toni Halski

Rich Venchey of Port Charlotte-based Wriggly Tennis; Duane Chaney of Arch Capital Advisory Group; The Bailey Family of Sanibel Catering Company; Lily Dodge of Edward Jones

Investments; RS Walsh Landscaping; Alex Blgojevic, CFP, of Morgan Stanley; Brian Johnson, Island Scene; Island Sun; Island Reporter; and Dan and Ruthie Struble.



#### Beautifulife:

## React



by Kay Casperson

Tow do you react to certain things that happen from day to day? Whether it be in a crisis, when you are caught off guard, or when you get news that isn't ideal? The definition of reaction is an

action performed or a feeling experienced in response to a situation or event.

How you react to something could be the difference between making good decisions or bad ones, as well as how you make others feel and what the overall outcome of the event is. Regardless of the circumstance or events that take place in life, I have come up with a few tips for you to think about before you react in any

Stay calm so that you can think clearly about what is happening at the moment in order to make the best decision as to how to handle it.

Pray for wisdom, peace, healing, miracles or comfort depending on the situation, and know that your prayers are working.

Stay positive and realize that whatever is happening right now will work out and everything will be OK.

Speak words of encouragement to

yourself and to others in order to keep everyone as optimistic as possible during any situation.

Don't hesitate to seek help when needed to deal with emergencies. Know that you cannot do everything alone and there are people out there that are trained experts to deal with any crisis.

No matter what you are dealt with from day to day in this thing called life, I know for sure that if you take a step back to breathe, think and pray before you react, you will see a much better outcome. You will also be happier with the results of your actions knowing that you did not react in fear but in peace and love, and everything else is not yours to control.

I believe this is such an important aspect to living your most balanced and beautiful life and I know that it is not an easy thing to accomplish for all situations, but I also know that if you pay attention and try to remain calm, cool and collected most of the time, you will be successful in making great decisions.

My affirmation for you this week is: "I will pause before I react in order to make good decisions in order to create the best results for my life and for others."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit www.kaycasperson.com or follow her on social media @kaycasperson.☆

#### **Doctor and Dietician** Coffee





by Ross Hauser, MD and Marion Hauser, MS, RD

offee is a must for many people who cannot start the day without a morning brew.

Coffee has been a debated topic in the health arena. It does have potentially beneficial compounds, such as antioxidants and phytochemicals and, in moderation, may affect disease risk. Evidence seems to suggest that coffee drinking may help reduce Alzheimer's Disease, Parkinson's disease and Type 2 diabetes. On the flipside, there is also evidence that some compounds found in coffee may be harmful for certain individuals, specifically those with osteoporosis, pregnant women and epilepsy patients. There are also links between coffee consumption and cardiovascular disease.

Overall, studies such as A Comprehensive Overview of the Risks and Benefits of Coffee Consumption, in the journal Comprehensive Reviews concludes that, in moderation, the health benefits of coffee outweigh the risks.

Five ways coffee may benefit overall health:

- 1. Coffee contains polyphenols that are effective at neutralizing free radicals by providing a bunch of essential antioxidants. In neurodegenerative disorders like Alzheimer's disease and Parkinson's disease, coffee's powerful antioxidants may reduce oxidative stress in brain tissue.
- 2. Coffee consumption is associated with lowered risks for diseases involving the digestive system, including symptomatic gallstone disease and chronic liver disease. Caffeine, along with the powerful antioxidant and anti-inflammatory properties available in coffee, protect the liver, keeping it from stiffening.
- 3. Coffee's anti-inflammatory properties lower the risk for Alzheimer's Disease.
- 4. Coffee decreases the risk of Type 2 diabetes, because of compounds that may alter glucose metabolism. Both regular and decaffeinated coffees alter the secretion of gastrointestinal hormones slowing down glucose absorption.
- 5. Coffee may lower the risk of colon, breast and prostate cancer.

To avoid too much caffeine, naturally decaffeinated (Swiss water process) coffee is also a good source of anti-oxidants.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@ caringmedical.com.☆



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## VCB Breaks Tax Collection Record For Sixth Consecutive Year

he Lee County Visitor & Convention Bureau (VCB), representing The Beaches of Fort Myers & Sanibel in Southwest Florida, reported recordbreaking tourist tax collections for the seventh year in a row.

The VCB reported an increase in tax collections – \$39.8 million on paid

accommodations for fiscal year 2016-17, which ended September 30.

"We strive to increase the economic benefit of tourism every year," said VCB Executive Director Tamara Pigott. "The combination of savvy industry partners, hosting great events and additional marketing dollars continues to pay off."

In Lee County, tourism employs one out of every five people. Approximately 4.8 million visitors arrive every year and generate approximately \$3 billion in economic impact.

The VCB also reported positive results for other key tourism performance indicators for the destination. Visitation among 2017 visitors staying in paid accommodations held steady and expenditures were up. Domestic travel showed the greatest increase in visitation, including the Midwest region, which generated the largest share of visitors. One-fifth of paid accommodations visitors arrived from

"Our bed tax numbers couldn't increase consistently without the support of the Tourist Development Council, Board of County Commissioners and county administration supporting revenue that sustains this growth," Pigott said. "I'm also proud of the VCB staff, which works hard every day to bring innovative ideas and successful strategies to the table.

Tourist tax revenue – also known as the bed tax – is a 5 percent tax that funds three countywide functions: destination marketing; beach and shoreline renourishment, maintenance and enhancement projects; and stadium debt service and major maintenance for Lee County's spring training facilities. The countywide tax is authorized by Florida Statute 125.0104 to increase tourist-related business 

deaRPharmacist

## Life-Saving Reasons To Eat Cauliflower



by Suzy Cohen, RPh

Readers: I was eating dinner with Sam and having home-made chicken soup with a slice of Sourdough bread and melted butter. It was simple and delicious. We ate silently. Towards

the end of the meal, he says to me, "We always eat our soup and bread silently because we are mentally calculating how to time the last bite so it's perfect.'

LOL! So true. We usually chatter during meals and tell funny stories, but when soup and bread hit the table, it all goes to silence. I like to time my last bite so it's soup (to wash down the bread).

Regardless, about this home-made chicken soup...that's what I really want to talk about. Tonight we made it differently with peas instead of celery (because you need something green) and with red onions instead of white ones. We used shredded cauliflower instead of rice, that was the biggest and most pleasant surprise because I didn't think it would actually work.

You can buy shredded cauliflower now in bags, in the produce department of your grocery store. Someone should have bagged this stuff decades ago.

Anyway, the cauliflower holds up remarkably well, even days later. It acts just like rice, except with cauliflower, you get the most incredible health benefits. It's a crucifer, like its green cousins - broccoli and Brussels sprouts - so it has the same cancer-fighting properties. I want you to start cooking with cauliflower, here's why:

Cauliflower contains sulforaphanes, that's the compound that gives it a funky sulfur smell. This compound has been isolated and studied. It clearly demonstrates cancer-fighting promise, especially for breast, prostate and other reproductive cancers. This has been shown repeatedly, in both animal models and test tube studies.

Cauliflower contains antioxidants which neutralize free radicals. There are many, but among the more recognizable, we find quercetin, vitamin K, vitamin C, beta-carotene and kaempferol. That last one is incredible; it's rarely talked about but kaempferol has evidence behind it to show that it can block VEGF production in your body and "suppress ovarian cancer cell metastasis in vitro" according to one research study. Another article suggests kaempferol could interact with estrogen receptors on the cell and slow growth of

Cauliflower protects your bones because it is a rich, natural source of vitamin K and C, as well as minerals like potassium, manganese and phosphorus.

Cauliflower gives you a low-carb alternative to digestible fiber so it will help you achieve regular bowel movements, while eliminating toxins stuck in the deep crevices of your gut. In fact, sulforaphanes and glucosinolates found in cauliflower fight Helicobacter pylori, and that fact alone should reduce your risk of colon cancer.

Cauliflower contains I3C (Indole 3 Carbinol) which helps metabolize estrogen into anti-cancer by-products, and that's good for both men and women. I3C has been studied for its role in cholesterol and triglyceride synthesis. If you'd like to get some of my recipes using cauliflower, sign up for my newsletter, and I'll email them to you.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.\\\\$

From page 14B

## Vietnam Series

came home. You, on the other hand, served four tours with minimal downtime between each one before you went out again." "That's true. It's taken me a long time to keep those memories at bay." The Vietnam vet then said, "On the other hand, we didn't have email, Skype, Facebook and live television. Sometimes it was several weeks before we got any mail." At the end of the day, every war is hard for those who fight in it.

I want you to help us help veterans that have either watched or are going to watch the Vietnam War series. If the veteran begins to have flashbacks, he or she needs to do two things. First, go to www.VA.gov and look under facilities for vet centers, find the closest one, and take him or her to the center. Second, have them go to www.Songsandstoriesforsoldiers. us and register for free and go to the Something Special menu and scroll

down to one of the eight-hour sleep audios. Have the veteran download it to their smartphone and play it when it is time to go to bed. Lastly, if things get serious, have them call the VA Veterans Crisis Line at 1-800-873-8255 and press 1.

If you missed a chance to help a vet returning from the Vietnam War, then why not help one today. Vietnam veterans see the difference as to how we treat the veterans of today, and they remember how they were treated by us back then.

Dan Perkins is an author of both thrillers and children's books. He appears on over 1,100 radio stations. He appears regularly on international TV talk shows, is current events commentator for seven blogs and a philanthropist with his foundation for American veterans, Songs and Stories for Soldiers, Inc. More information about him, his writings, and other works are available on his website at www.DanPerkins.guru.☆

## Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

Q: Can you give me advice on how to connect with a man on an emotional level? Men whom I have dated don't seem to be able to do this.

A: Every woman wants to

have an emotional connection when meeting and getting to know a man. One of the challenges in establishing a connection is that men are conditioned not to be vulnerable, and it takes vulnerability to connect on an emotional level. Men don't get this. Not that it's their fault, they just are hard-wired that

Men were traditionally raised to be: Problem solvers and fixers, meaning solving any and all problems

**Protectors** In control of all situations Showing no emotions Managing all affairs

In our 21st century, men are learning more how to awaken their emotions rather than repress them like our former generations. We are diminishing the stigma of little boys have to be tough and grow up to be

tough men. This has not been an easy task. There is now a greater acceptance of men being vulnerable and showing their vulnerabilities.

Women have to be the initiators for the most part to help their men feel as though it's ok to express their emotions without being judged or criticized. Be patient with men and realize this may be entirely new to them. Be encouraging with your man and if you see he is disconnecting emotionally, do not take it personally. It has nothing to do with you. It is his issue because he doesn't know any different. However, you need to know that, collectively, men are going through a process of "emotional awakening." This is encouraging because men and women have an increased chance of connection.

The art of connection comes from persistence and patience. Believe that you and your man can connect on an emotional level and maintain it. Express your feelings that this is important for you and your relationships. Ask for cooperation and expression from your man, and he may just surprise you especially if he is operating with conscious awareness. What do you have to lose?

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.☆





#### CALLING CARD 239-395-1213

ı	Emergency	
ı	Sanibel Police	472-3111
ı	Lee County Sheriff's Office	477-1200
ı	On Call Captiva Deputy	
ı	Fire Department - Sanibel	
ı		
ı	Fire Department - Captiva	
ı	Florida Marine Patrol	332-6966
ı	Florida Highway Patrol	
ı	Poison Control1-800	
ı		
ı	Chamber of Commerce	472-1080
ı	City of Sanibel	472-4135
ı	Administrative Office	
ı	Building Department	
ı		
ı	Planning Department	472-4136
ı	Library - Sanibel	472-2483
ı	Library - Captiva239	
ı		
ı	Post Office - Sanibel	4/2-15/3
ı	Post Office - Sanibel (toll free)800	-275-8777
ı	Post Office - Captiva	472-1674
ı	Sanibel Community Association	172-2155
ı	Samper Community Association	472-2133
ı	Center 4 Life - Senior Center	4/2-5/43
ı	ARTS	
ı	Arcade Theater	332-4488
ı	Art League Of Fort Myers	
ı		
ı	BIG ARTS - Barrier Island Group for the Arts	
ı	Broadway Palm Dinner Theatre	278-4422
ı	Fort Myers Symphonic Mastersingers	
ı	Gulf Coast Symphony	
ı		
ı	Lee County Alliance for the Arts	939-2787
ı	Naples Philharmonic	597-1111
ı	The Herb Strauss Schoolhouse Theater	
ı	Caribal Music Factivel	772-0002
ı	Sanibel Music Festival	336-7999
ı	Sanibel-Captiva Art League sanca	apart.com
ı	SW Florida Symphony	418-0996
ı	Symphonic Chorale of SW Florida	
ı		300-3033
ı	CLUBS & ORGANIZATIONS	
ı	ABWA - American Business Women's Assoc http://abwasanibelc	aptiva.ord
	Amendeen Leuten Deet 100	
ı	American Legion Post 123	
l	American Legion Post 123	472-9979
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## PETS OF THE WEEK



Amber

photos provided

Haven on Earth Animal League

## Amber And Sonny

Ti, I'm Amber. I'm Sonny's sister, and I'm just the cutest little calico girl with a white spot on my nose and ear tufts. I'm only 8 weeks old and currently staying with a foster mom. I need someone to love me forever – and hopefully adopt my sister too. My adoption fee is \$125 and includes spaying and vaccinations.



Hello, I'm Sonny. I'm Amber's sister, and I'm a very cute little girl. I'm only 8 weeks old. I have a beautiful white coat with flame point markings - maybe one of my parents was Siamese? I'm just waiting for someone to take me home and love me - and hopefully adopt my sister too. I'm staying with a foster mom and dreaming of my new forever home. My adoption fee is \$125 and includes spaying and vaccinations.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.\$



Xander ID# 717787

photos provided

Lee County Domestic Animal Services

## Xander And Shawna

'ello, my name is Xander. I am a 1-year-old male hound mix that goes with anything. ■Black or brown, I will match it all. Just one look at my face, and you can't help but fall in love. I am very well-mannered and am learning new things each day from the fabulous staff of volunteers.

My adoption fee is \$40.

Hi, I'm Shawna. I am a 4-year-old female domestic shorthair who is the perfect combination of brains and beauty. I am self-sufficient, yet like to have someone around to snuggle up with at night. I like to watch what goes on, so be sure I have a place to watch everything.

My adoption fee is \$10, and I come with a



Shawna ID# 717719

two-for-one special.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.☆

## **PUZZLES**

Answers on page 29B

#### A DOSE OF **Super** Crossword REALITY **ACROSS** 50 They're part 97 Its president 137 Native 38 Freeze over 86 Brand of 1 "The Real spring water 87 Del. neighbor of French is Daniel of Italy's 39 Havens O'Neals' Polynesia Ortega Leaning 42 Co. with network [2002] [2010] Tower city brown trucks 89 Ground 55 Country 100 One who 138 Desires 4 Eye-popper 43 "True Life" 91 Major 139 Outlaw Kelly Turkish city 8 Town in NE with the dawdles channel capital Vila 102 Cartoon vell 44 Hat. 95 Noted coach New Jersey **DOWN** 45 Soul-seller of 13 Root Parseghian [2004] **104** Tram cargo 19 Old Olds **58** Tint 96 Classy gp.? 1 Secret stuff legend 105 Where 20 Some till fill 59 Sailor's site 98 Dove's noise balboas are 2 Signal light 46 Many groan-21 Obstinate eliciting jokes 99 River in Italy 60 Big Apple spent [2006] 3 Perpetrate 106 World's 4 Having slack 49 Egg-hunt 101 Cosmonaut reply NFL team. 22 Nobelist on scorelargest rain 5 German link holiday Yuri 103 Poet Ralph Hemingway boards forest [2003] 6 Viking 50 Verbal 23 Phnom 62 Umlaut pair 110 Cotillion girls Ericson jewels Waldo -51 Lot division 107 John Wayne Penh's land 63 High-five 114 Hose mishap 7 Chant for the Dream Team [2015] sounds 115 "Pardon?" 52 Harvest film of 1962 25 Tonga's site 65 Conduct, as 116 "- tu" (Verdi 8 Aquarium 53 Australian 108 Group that [2011] business aria) swimmers, to airline shares a 27 Top points 68 Legal exam 117 Diner staple toddlers 54 Opposer culture 28 Purplish-red 70 "Adios!" 119 "Mamma 9 Deuces 56 Conforms 109 Flies past flower 72 Harvest Mia!" quartet 10 Novelist 57 Brief denial 110 Actress May Alcott 30 Apple **122** Treatment 61 "The Wizard Moore product 73 Where process 11 Necessitate of Oz" witch 111 Late morning 125 Greek vowel 31 "Beats me!" Tagalog 12 Numerical **64** Hoity-toity time 66 Jungle beast 112 "Vamoose!" 33 Fashion's is spoken 126 Central suffix 113 Gazed 13 Sewer's line Anna — [2012] American 67 Fee 76 "Finished!" 69 Jacuzzi joint 34 Aries, e.g. archipelago 14 Whale type rudely 80 Sailing **115** Used 36 Home of [2003] 15 Horse's **71** "Do — say!" 82 Biology div. 130 Reality show mythical kin 74 Gent partner Columbus to exist 40 Kitchen 118 Dance parts of which 12 16 Ump's kin **75** "— get it!" 83 Inventive 77 Blood type, 85 Cola brand title locations 17 2000-15 TV 120 Dark stain raiders 41 Neighbor are featured 121 Smithereens 88 Comic drama in brief of Mexico Foxx in this puzzle 18 List abbr. 78 Half of Mork's 123 Writer [2005] 90 Log cutter 132 "Billy -24 Nap locales farewell O'Brien (2000 film) **124** Noel 44 Kenya's 92 Paradises 26 Lapel sticker 79 Film lioness 133 Maine city 126 Wooden nail home 93 "Hail, Livy!" 29 Affectedly 81 "Attack, [2001] 94 Luzon 134 Sky color adorable mutt!" 127 Yale 46 Zing province 135 Butyl or 32 Old film critic 84 Richard of attendee 47 Virginia "No Mercy" 128 Pie - mode north of propyl James 35 Entire scope 85 Feelers on 129 Chop (off) hrs Isabela ender 48 Varieties [2014] 136 Titans 37 Too - price insects 131 RBI part 11 13 15 16 117 19 20 21 22 23 25 26 27 28 30 31 32 33 34 37 38 40 42 43 48 49 46 50 53 55 56 52 154 59 60 63 61 65 68 69 70 66 67 72 73 78 74 175 80 81 82 83 84 88 89 92 86 91 93 94 95 99 98 100 102 103 104 101 105 106 107 108 110 111 112 113 109 114 116 117 118 119 120 121 122 123 126 | 127 | 128 130 129 131 132 133 134 135 136 138 137 139

## King Crossword

#### **ACROSS**

- 1 AAA job 4 Fed. purchas-
- ing org. Hindu gar-
- ment Intended
- Takes to the
- waves Sweater
- material Paycheck
- recipients Still 16
- 17 Partners
- By way of
- Nerd-pack fill 20
- Take five Polecat
- 23 Bank feature
- 25 Kind 26 Fork part
- Commotion
- Enraged 28
- 30 Illuminated
- One-on-one
- sites in church
- 36 Esprit de corps Screwdriver
- ingredient Construction
- fastener
- Previous niahts
- 40 Understand

8 Spars Go places

28 | 29

38

41 Scooted

1 Fortune

teller's deck

"Carmina

composer

ing palms

6 In due time

7 Certain

Burana"

Carl

3 Magi

DOWN

- 10 Agent 12 Preferred
- invitees 14 Foundered
- 15 Perched 19 Deposit 20 Regret
- 21 Gomorrah's 4 Aladdin's ally
- sister city 5 Starch yield-Swedish money
  - 23 Henry -24 Massachus-

etts city 25 Pouch

39

30

- 26 Boob tube
- 28 Go 29 Archipelago part
- 30 Burdened
- Types
- 32 Airport safety org. Icebox, for
- short 35 PBS science
- show

#### **BALD IS** *MAGIC MAZE* ● **BEAUTIFUL**

J O O L I G D B S Y W T R P M KIFNDBAYWALUSIQ OM(C)KARDIFDLSBHZ |O|SUDLDUSIAQDO N|T J I R H U L H N V N I NDHECOLFCAAAS Е EPNYWIJVRMTGS RNQPWNLKUEIOA Y E L S G N I K H R M H G F R E M L L A B E C C O B L A BZYWVUSRQPNFMLE

> Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Agassi Churchill Connery Asner Ballmer Dr. Phil Brynner Elmer Fudd Foreman Gandhi Jordan Kingsley

Savalas Ventura Willis

OPINION POLL  Schwitz
-----------------------

" I can tell you what I think of having a nuclear power plant in this town in one word —

\_\_\_\_\_ !"

answer on page 29B

# Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! Cover ALOCK Reside GOBLEN Vision GAMIER Capture PARENT TODAY'S WORD

1				6	3			2
	7			9		5	4	
		5	8			9		
3			1	5				4
		2			7	1		9
4	1		6				5	
9		3	7					1
		8			5		2	
	2			4		8		

## SUDOKU

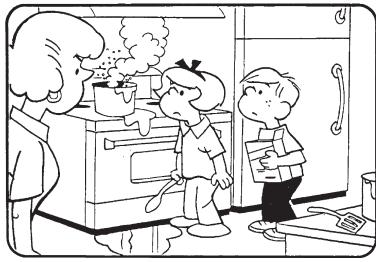
#### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

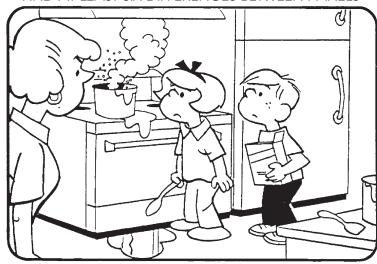
answer on page 29B

#### **HOCUS-FOCUS**

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Hair is different. 2. Oven window is missing. 3. Puddle is smaller. 4. Arm is moved. 5. Handle is smaller, 6. Spatula is different.

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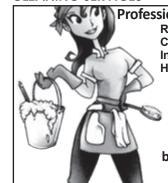
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FRIDAY Mostly Cloudy High: 79 Low: 73



SATURDAY Mostly Cloudy High: 77 Low: 71



SUNDAY Chance Showers High: 74 Low: 68



MONDAY Sunny High: 69 Low: 63



TUESDAY Sunny High: 71 Low: 61



WEDNESDAY Sunny High: 74 Low: 65



THURSDAY Sunny High: 75 Low: 69

Redfish Pass Tides								
Day	High	Low	High	Low				
Fri	2:58 am	10:48 am	6:34 pm	9:59 pm				
Sat	3:56 am	11:42 am	7:22 pm	11:39 pm				
Sun	5:13 am	12:37 pm	8:02 pm	None				
Mon		1:14 am						
Tue	8:23 am	2:27 am	9:08 pm	2:19 pm				
Wed	9:45 am	3:26 am	9:38 pm	3:04 pm				
Thu	10:56 am	4-16 am	10.09 nm	3.45 nm				

Point Ybel Tides									
Day	High	Low	High	Low					
Fri	2:03 am	10:50 am	5:39 pm	10:01 pm					
Sat	3:01 am	11:44 am	6:27 pm	11:41 pm					
Sun	4:18 am	12:39 pm	7:07 pm	None					
Mon	5:53 am	1:16 am	7:42 pm	1:32 pm					
Tue	7:28 am	2:29 am	8:13 pm	2:21 pm					
Wed	8:50 am	3:28 am	8:43 pm	3:06 pm					
Thu	10:01 am	4:18 am	9:14 pm	3:47 pm					

Day	High	Low	High	Low
Fri	2:44 am	10:38 am	5:33 pm	9:52 pm
Sat	3:37 am	11:20 am	6:24 pm	10:45 pm
Sun	4:35 am	12:24 pm	7:13 pm	None
Mon	5:59 am	1:06 am	7:59 pm	1:30 pm
Tue	7:51 am	2:22 am	8:44 pm	2:22 pm
Wed	9:15 am	3:21 am	9:28 pm	3:10 pm
Thu	10:33 am	4:17 am	10:12 pm	3:59 pm

Cape Coral Bridge Tides									
Day	High	Low	High	Low					
Fri	5:08 am	2:04 pm	8:44 pm	None					
Sat	6:06 am	1:15 am	9:32 pm	2:58 pm					
Sun	7:23 am	2:55 am	10:12 pm	3:53 pm					
Mon	8:58 am	4:30 am	10:47 pm	4:46 pm					
Tue	10:33 am	5:43 am	11:18 pm	5:35 pm					
Wed	11:55 am	6:42 am	11:48 pm	6:20 pm					
Thu	1:06 pm	7:32 am	None	7:01 pm					

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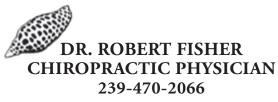


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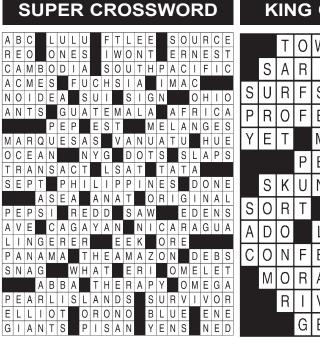
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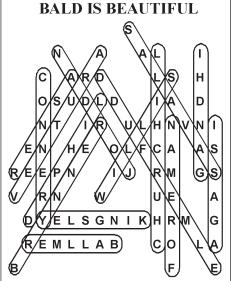
## **PUZZLE ANSWERS**



# KING CROSSWORD

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	S	Α	R	T		М	Ε	Α	N	Т		
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#### **MAGIC MAZE**



#### **SUDOKU**

=								
1	9	4	5	6	3	7	8	2
8	7	6	2	9	1	5	4	3
2	3	5	8	7	4	9	1	6
3	8	9	1	5	2	6	7	4
5	6	2	4	8	7	1	3	9
4	1	7	6	3	9	2	5	8
9	5	3	7	2	8	4	6	1
6	4	8	9	1	5	3	2	7
7	2	1	3	4	6	8	9	5

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#### ANNUAL RENTAL

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Directly Across from Beach: This custom UF piling home Offers 3BR/2½ BA, two floors of living. Custom wood floors throughout, all 'High End' appliances, separate bar, master suite top floor and home has 3 car garage + storage. \$4,250/mo.

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#### **HELP WANTED**

#### PART TIME **SEASONAL SALES**

Island Pursuit a ladies and Men's clothing Store is looking for an experienced sales person. Must have a background in clothing sales. If you are motivated, energetic, friendly, can work night and weeknds please send your resume to: sanibel@islandpursuit.com or Fax:

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11/24 - 12/8

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#### PUBLIC NOTICE

### PUBLIC INFORMATION **MEETING**

Sunshine Seafood Cafe and Wine Bar is holding a Public Information meeting at Keylime Bistro, 11509 Andy Rosse Lane on Friday, December 1 at 9 am to discuss the 2 COP Beer/Wine license for outdoor seating.

#### LOST AND FOUND

#### LOST - REWARD

Old U.S. Silver Dollar, likely at Sunday Farmer's Market. Sentimental value. Call (239) 472-3817.

#### **LOST PET**

#### LOST CAT, BLACK

Last seen East End of island, Lundgren area. [She lost her tracking collar in Kings Crown area]. Responds to name of "Blackie." Reward. Call 239-980-3592 or 239-277-0058.

## My Stars ★★★★

FOR WEEK OF NOVEMBER 27, 2017

ARIES (March 21 to April 19) Your work on a recent job assignment is impressive and is sure to be noticed. Meanwhile, expect to receive news about an upcoming holiday event you won't want to miss.

**TAURUS** (April 20 to May 20) Saving the world one person at a time is what you were born to do. So accept it when people ask you for help, especially during the holiday season.

**GEMINI** (May 21 to June 20) Now that you've resolved all doubts about an important decision, you can surprise a lot of people by defending your stand with your strong and well-reasoned arguments

**CANCER** (June 21 to July 22) The holiday mood stirs your need to nurture everyone from the family cat to great-grandma. But don't overdo it, especially with teens, who like to feel grown up.

**LEO** (July 23 to August 22) Enjoy basking in the warm love of family and close friends. But don't fall into a prolonged catnap yet. There's still much to do before you can put up your paws and relax.

VIRGO (August 23 to September 22) Avoid pushing others to work as hard as you do on a common project. Instead, encourage them to do their best, and they might well reward you with a pleasant surprise.

LIBRA (September 23 to October 22) Like the sensible Libra you are, you no doubt started your holiday shopping already. But be careful to keep within your budget. Shop around for the best buys.

SCORPIO (October 23 to November 21) Love and friendship remain strong in your aspect over the next several days. This is a good time to develop new relationships and strengthen old

**SAGITTARIUS** (November 22 to December 21) A beloved family member has news that will brighten your holidays. Also expect to hear from friends who had long since moved out of your

**CAPRICORN** (December 22 to January 19) Family and friends are in for a surprise when you accept the need to make a change without being talked into it. (Bet it surprised you, too -- didn't it?)

**AQUARIUS** (January 20 to February 18) Restoring an old friendship might not be as easy as you hoped. You might want to explore the reasons for your former buddy's reluctance to cooperate.

**PISCES** (February 19 to March 20) Your party-going activities pick up as the holiday season takes off. Enjoy your plunge into the social swim as you make new friends and renew old friendships.

**BORN THIS WEEK:** You are caring and considerate - two wonderful attributes that endear you to people of all ages.

#### THIS WEEK IN HISTORY

• On Nov. 27, 1095, Pope

Urban II calls on all Christians in Europe to war against Muslims in order to reclaim the Holy Land. Urban's war cry caught fire, and all told, between 60,000 and 100,000 people responded to his

• On Nov. 28, 1925, the "Grand Ole Opry," a popular showcase for Western music, begins broadcasting live from Nashville, Tennessee. The showcase was originally named "Barn Dance," after a Chicago radio program.

• On Nov. 29, 1952, newly elected President Dwight D. Eisenhower goes to Korea to find the key to ending the Korean War. Although he remained mum about his plans, an armistice was signed eight months later.

• On Nov. 30, 1886, the Folies Bergere in Paris introduces an elaborate revue featuring women in sensational costumes. Some revues featured as many as 40 sets, 1,000 costumes and an off-stage crew of 200. Per tradition, the show's title always

contains 13 letters and includes the word "Folie."

#### **STRANGE BUT TRUE**

• It was 17th-century English novelist and politician Edward Bulwer-Lytton who made the following sage observation: "If you wish to be loved, show more of your faults than your virtues.

#### THOUGHT FOR THE DAY

We must believe in luck. For how else can we explain the success of those we don't like?" -- Jean Cocteau

#### **SCRAMBLERS**

solution

- 1. Cloak; 2. Belong;
- 3. Mirage; 4. Entrap

Today's Word

**KABOOM** 



## Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cape Coral	Cape Coral	2007	4,211	\$2,250,000	\$1,820,000	326
Carolands	Bonita Springs	2004	3,618	\$1,995,000	\$1,925,000	221
Hidden Harbor	Fort Myers	2016	2,873	\$975,000	\$910,000	251
Cape Coral	Cape Coral	2000	2,474	\$845,000	\$790,000	14
Cape Harbour	Cape Coral	2007	2,853	\$749,900	\$720,000	5
Island Harbors	Matlacha	1969	2,542	\$725,000	\$700,000	27
Pinehurst	Estero	1998	2,147	\$699,900	\$645,000	171
Cape Coral	Cape Coral	1994	2,596	\$675,000	\$700,000	4
Islands End	Fort Myers Beach	2015	1,503	\$674,900	\$655,000	22
Cape Coral	Cape Coral	2004	2,341	\$614,900	\$600,000	230



**NEAR-BEACH BEAUTY - READY FOR WINTER** 

Fully-equipped & private, yet handy to beach access & community clubhouse, pool, & tennis. 239 Daniel Dr in Seagull Estates - \$1,069,000



EASY-LIVING BOATER'S DELIGHT

Updated split-plan with new windows/doors, systems, kitchen, baths, limestone floors. 734 Anchor Dr in Sanibel Estates - \$999,000



**WEEKLY INCOME ON WEST GULF DR** 

2nd floor gulf-view turn-key 2 bedroom with remodeled open kitchen & updated baths. Sand Pointe #122 - \$699,000



**BEACH-FRONT RESORT CONDO** 

Center west-side with private stairs to gulf. In easy Casa Ybel Resort guaranteed program. Cottage Colony West #119 - \$674,000



UNIQUE REMODEL, MAXIMIZES VIEW

Delightful 1st floor 2 bedroom. Bay views from front to back. Expanded kitchen with island. Mariner Pointe #1061 - \$599,900



**OUTSTANDING RENTAL INCOME** 

Top-floor gulf-view 2 bedroom with years of excellent rental history & many future bookings. Loggerhead Cay #264. \$598,300



A VIEW LIKE NO OTHER

Roomy 1 bedroom (974 sq. ft.) - only four units like it. This one 3rd floor direct center. Pointe Santo #C34 - \$589,000



AFFORDABLE & BEACH ACROSS STREET

Furnished 2nd floor 1 bedroom with rentals (2week minimum), grossing up to \$20K/yr. Spanish Cay #A7 - \$299,000



**EAST-END RESIDENTIAL CONDO** 

Cozy canal-access 1 bedroom with carport, remodeled bath, new HVAC & windows. Captains Walk #B2 - \$274,000



WANT TO BUILD AN ISLAND HOME?

~170' x 155' & backing to preserved land. 9441 Peaceful Dr in Gumbo Limbo - \$249,000









472-HOME (4663) 888-603-0603

The SanibelSusan Team includes Realtors® Susan Andrews, David Anderson, & Lisa Murty & their licensed-assistant Elise Carnes

More info & real estate blog at SanibelSusan.com